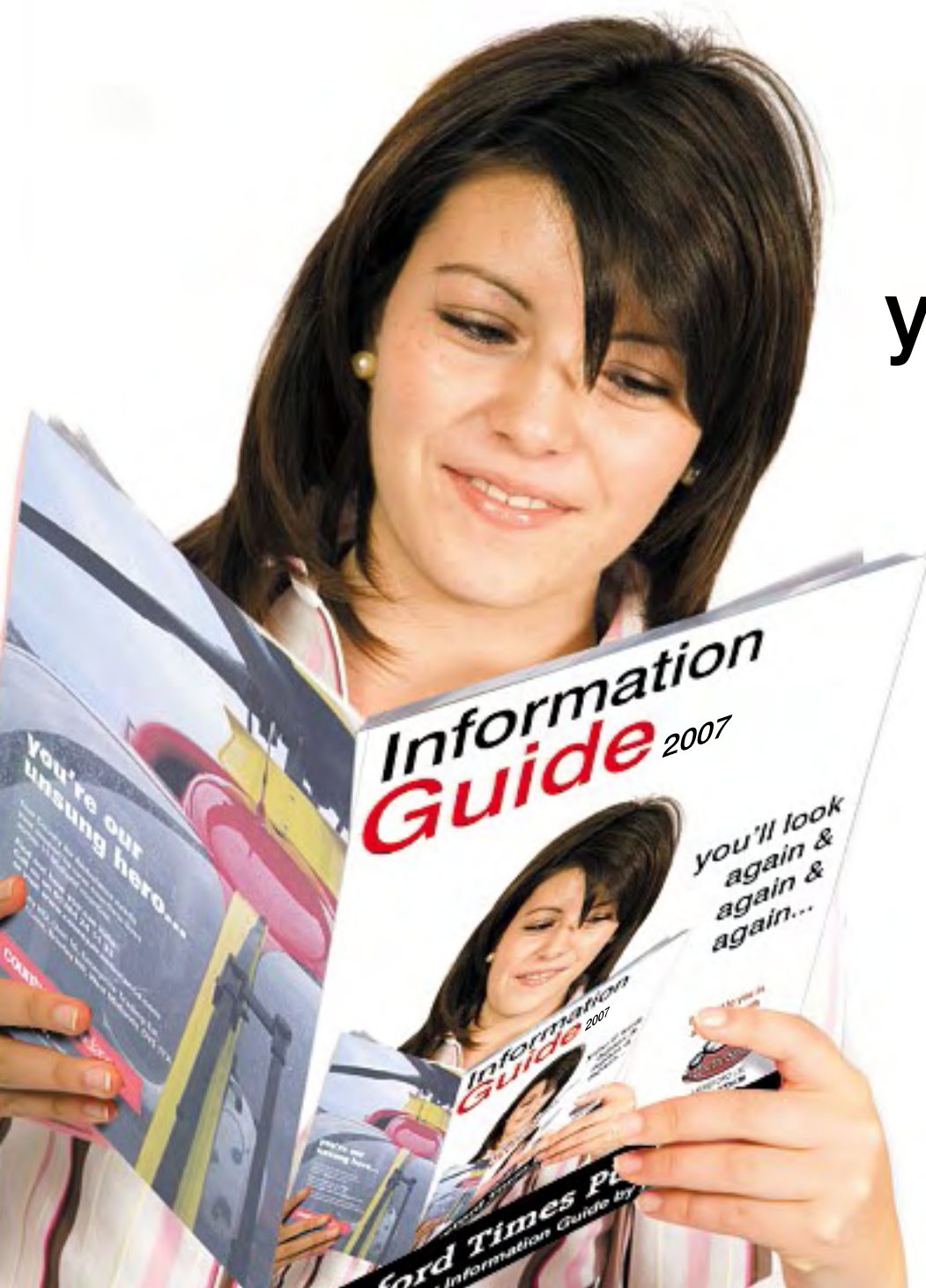


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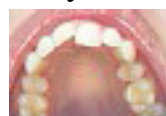
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Before



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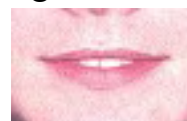
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- THIS Guide has been produced by the Hereford Times with the help and co-operation of the county's councils, clubs and organisations as well as those from bordering regions.
- WE extend our grateful thanks to them all for their assistance.
- IF your organisation is not listed here, or if we have published anything incorrectly, we apologise and will put it right as soon as possible: please contact Sally Stick on sally.stick@midlands.newsquest.co.uk or at Hereford Times, Holmer Road, Hereford HR4 9UJ.
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Keep up-to-date with your county

ONCE again, the Hereford Times is delighted to bring you your up-to-date guide to essential information about organisations and services throughout the county.

Whether it's a school or rambling group, drugs helpline or heritage centre, the details should be listed here as well as an advertisement guide to many county businesses, trades and professions.

We hope you find it useful.

Liz Griffin,
Editor

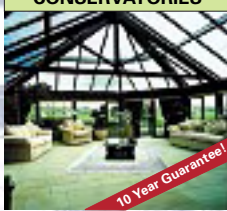
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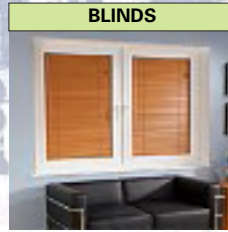
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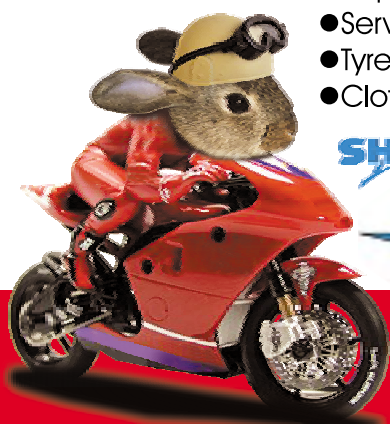
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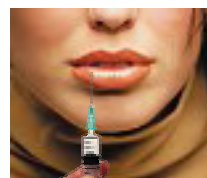
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Councillors:

Aylestone: Nick Vaughan, c/o Brockington, 36 Hafod Road, Hereford; DB Wilcox, 5 Croome Close, Hampton Dene, Hereford.
Backbury: Josephine Pemberton, 5 The Pines, Wormelow.

Belmont: Philip Edwards, 57 Wydean Rise, Belmont, Hereford; Heather Davies, 147 Bullingham Lane, Hereford; Glenda Powell, 6 Charlton Avenue, Newton Farm, Hereford.

Bircher: Sebastian Bowen, The Studio Flat, Church House, Ashford Bowdler.

Bringsty: Thomas Hunt, Redhill Cottage, Bredenbury.

Bromyard: Alan Seldon, 84 Old Road, Bromyard; Bernard Hunt, 42 Hewitt Avenue, Hereford.

Burghill, Holmer & Lyde: Sally Robertson, 4 Bakers Furlong, Burghill, Hereford.

Castle: John Hope, Sunny Bank Farm, Woonton.

Central: Mark Hubbard, Castle Cliffe, 14-16 Quay Street, Hereford.

Credenhill: Robert Matthews, 15 Moor Farm Lane, Three Elms, Hereford.

Frome: Patricia Morgan, Little Leasdon, Fromes Hill, near Ledbury.

Golden Cross with Weobley: John Goodwin, Delfryn, Almeley.

Golden Valley North: Philip Price, Newcourt, Preston-on-Wye, Hereford.

Golden Valley South: Beris Williams, Court House, Rowlestone, Pontrilas.

Hagley: Dave Greenow, 7 Sufton Lane, Mordiford.

Hampton Court: Keith Grumbley, Willow Cottage, Maund Bryan, Bodenham.

Hollington: Gerald Dawe, 60 Park Street, Hereford.

Hope End: Rees Mills, 15 Biddulph Way, Ledbury; Roy Stockton, Courtyard Cottage, Rear of 2 Brighton Villas, Walwyn Road, Colwall.

Kerne Bridge: John Gilchrist Jarvis, Portland House, Whitchurch, Ross-on-Wye.

Kington Town: Terry James, Cross Farm, Kington.

Ledbury: Kay Swinburne; Peter Watts, 25 Lambourne Close, Deer Park, Ledbury; Mary Cooper, 7 Knapp Close, Ledbury.

Leominster North: Peter Jones, 6 Oldfield Close, Leominster; Brigadier P Jones, 6 Oldfields Close, Leominster.

Leominster South: Roger Hunt, Yew Tree Cottage, Monkland, Richard Burke, 1 Buckfield Place, Bargates.

Llangarron: Jennifer Hyde, Stowfield Cottage, Bridstow, Ross-on-Wye.

Mortimer: Olwyn Barnett, Ryelands View, Kinsham, Presteigne.

Old Gore: Tessa McClean, Phocle Cottage, Phocle Green.

Pembridge & Lyonshall with Titley: Roger Phillips, Bromage Farm, Broxwood, Leominster. Penyard: Harry Bramer, Rudhall Manor, Rudhall, Ross-on-Wye.
Pontrilas: Richard Smith, Prospect

Cottage, Gorsley, Ross-on-Wye.
Ross-on-Wye East: Anne Gray, 54 Purland, Ross-on-Wye; Phillip Cutter, 7 Old Nursery Close.
Ross-on-Wye West: Gordon Lucas, 34 Brookend Street, Ross-on-Wye; Christopher Bartrum, Edde Cross House, Edde Cross Street, Ross-on-Wye.

St Martin's & Hinton: Ursula Attfield, 1 Redhill Cottages, Redhill, Hereford; Christopher Chappell, 16 Foley Street, Hereford; Aubrey Oliver, 117 Hoarwithy Road, Hereford.

St Nicholas: David Benjamin, Flat 1, 208 Whitecross Road, Hereford; Julie Woodward, 6 Bedford Street, Whitecross, Hereford.

Stoney Street: David Taylor, Twenty Acres, Clehonger.

Sutton Walls: John Guthrie, c/o Brockington, 35 Hafod Road, Hereford.

Three Elms: Polly Andrews, 20 Tower Road, Hereford; Anna Toon, 6 Grosvenor Place, Bobblestock, Hereford; Sylvia Daniels, c/o Brockington, 35 Hafod Road, Hereford;

Tupsley: Marcelle Lloyd-Hayes, 17 Ledbury Road, Hereford; Alan Taylor, 9 Meadow Bank Road, Hereford; William Walling, 37 Pilley Road, Tupsley, Hereford.

Upton: John Stone, Brimfield Lodge, Brimfield.

Valletts: Jo Fishley, 29 Cottons Meadow, Kingstone, Hereford.

Wormsley Ridge: Charles Mayson, The Old Rectory, Byford.

■ GLOUCESTERSHIRE COUNTY COUNCIL

Headquarters: Shirehall, Gloucester.
Chief Executive: Peter Bungard. 01452 425000. Fax: 01452 425850.

■ POWYS COUNTY COUNCIL

Headquarters: County Hall, Llandrindod Wells. 01597 826000. Fax: 01597 826230.

Chief Executive: Mark Kerr.

Director of People: Phil Robson.

Director of Social Services: Phil Robson.

Director of Community, Leisure & Recreation: Paul Griffiths.

Technical & Local Services & Environment Services: Steve Burgess.

Director of Housing & Environmental Health & Trading Standards: Phil Robson.

Chief Finance Officer: Geoff Petty.

County Secretary: Jeremy Patterson.

Shire Offices: Montgomery Severn Road, Welshpool, Powys. 01938 552828. Radnor, The Gwalia, Ithon Road, Llandrindod Wells. 01597 823737. Brecknock, Neuadd Brycheiniog, Cambrian Way, Brecon. 01874 624141.

■ MONMOUTHSHIRE COUNTY COUNCIL

Headquarters: County Hall, Cwmbran.
Chief Executive: Mr Colin Berg. Tel: 01633 644644, Fax: 01633 644666.
Branch Offices: Abergavenny, 01873 735800; Caldicot, 01291 426400; Chepstow, 01291 635700; Monmouth, 01600 775200.

■ WORCESTERSHIRE COUNTY COUNCIL

Headquarters: County Hall, Spetchley Road, Worcs.
Chief Executive: Rob Sykes.
All Departments: 01905 763763.

■ MALVERN HILLS DISTRICT COUNCIL

Area Office: The Pump Rooms, Teme Street, Tenbury Wells. WR15 8AD. Tel: 01584 810465.
Main Offices: The Council House, Avenue Road, Malvern. Tel: 01684 862151. Fax: 01684 862473. Website: www.malvern hills.gov.uk
Chief Executive: Chris Bocock.
Strategic Directors: Colin Davis; Kevin Douglas; David Wood.
Emergency Service (Nights & Weekends): 01684 892843.

Councillors

Alfrick & Leigh: David Hughes; Anthony Warburton.

Baldwin: Susan Gill.

Broadheath: Don Hull; Aubrey Tarbuck.

Chase: Richard Cook; Richard Simmonds; Joe Smith;

Dyson Perrins: Serena Croad; John Waring.

Hallow: Jonathan Hickton.

Kempsey: Michael Richmond Biddle; Marion Walters.

Lindridge: Reginald John Farmer.

Link: Sabina Alam; Michael Soley; Paul Tuthill.

Longdon: Bronwen Behan.

Martley: Barbara Joyce Williams.

Morton: David Watkins.

Pickersleigh: Brian Pilcher; Valerie Myatt; Sheila Young.

Powick: Stephen Joseph Watkins; Thomas Ashley Laird Wells.

Priory: Roger Francis Hall-Jones; Ralph Madden.

Ripple: Roger James Sutton.

Teme Valley: Gillian Anne Dunne.

Tenbury: Philip Stephen Grove; Tony Penn.

Upton & Hanley: Syd Harrison; Mike Morgan.

Wells: Jill Campbell; Chris Cheeseman.

West: Jennie Kelly; John Raine.

Woodbury: Paul Cumming.

■ BROMYARD AND WINSLOW TOWN COUNCIL

Town Council Offices: 1 Rowberry Street, Bromyard. HR7 4DU. Tel: 01885 482825. Fax: 01885 482825.
Clerk to the Council: Mike Cresswell. Tel: 01885 482825. E-mail: bromyard.towncouncil@virgin.net

Councillors

David Cave; Gillian Churchill; Raymond Cooper; Nicholas Cronin; Dick Davies; Mark Davis; Nigel Davies; Jan Pearce-Higgins; Bernard Hunt; Jamie Jacobson; Brian Johnson; John Lane; Jonathan Lester (mayor); Peder Nielsen; Alan Seldon; Judi Wooland; David Kemp, Mark Loveday.

■ HEREFORD CITY COUNCIL

Parish Council Offices: The Town Hall, Hereford. Tel: 01432 260000. E-mail: mayor@herefordcitycouncil.gov.uk
Councillors: Aylestone Ward: Nick Vaughan; D B Wilcox.

Belmont Ward: Philip Edwards; Glenda Powell; Heather Davies.

Central Ward: Mark Hubbard.

St Martin's & Hinton Ward: Ursula

Attfield; Chris Chappell; Aubrey Oliver.

St Nicholas Ward: Mary Bew; Fiona Short.

Three Elms Ward: Polly Andrews; Sylvia Daniels; Anna Maria Toon.

Tupsley Ward: Alan Taylor; Marcelle Denise Lloyd-Hayes; William James Walling.

■ KINGTON TOWN COUNCIL

Clerk to the Council: Ki Barnes. 01544 239098.

Councillors

Elizabeth Banks (mayor); Thomas Bounds; David East; Michael Handley; Harvey Jones; Alan Lloyd; Elizabeth Newman; Stephen John Reynolds; Bryn Thomas; Barbara Trumper; David Michael Turner; Derek Cresswell; John Grant; Daniel Holmes; Phillip Williams.

■ LEDBURY TOWN COUNCIL

Town Council Offices: Church Street, Ledbury. 01531 632306.
Council Clerk: Tel: 01531 632306.

Councillors:

P L Bettington; A R Bradford; A Bullock; Miss J E Cooper; Mary Cooper; M D Eager; Mrs L Farley; K W Francis; P E Harding; C J B Holbourn; I E James; C Jupp; Mrs J E C Roberts; N Roberts; Dr K Swinburne; P J Watts; P Winter; R Yeoman.

■ LEOMINSTER TOWN COUNCIL

Town Clerk: Mrs C Bromage, Grange Walk, Leominster. Tel: 01568 611734; Fax: 01568 611125. Email: leominsterc@kc3.co.uk.

Mayor: Cllr Brettina Meadows.

Councillors:

North Ward: Janet Atkinson; Anne Begg; Eddie Clark; Pauline Davies; Peter Goody; Brig. Peter Jones CBE; Paul Reed.

South Ward: Peter McCaull (deputy mayor); Molly Cooke; Catherine Fothergill; Roger Hunt; Brettina Meadows (mayor); John Thomas; Joan Thwaites; Richard Westwood.

■ ROSS-ON-WYE TOWN COUNCIL

Council Chambers: The Corn Exchange, High Street, Ross. 01989 562373. Fax: 01989 565478.

Town Clerk: Mrs Denise Mason. 01989 562373.

Councillors:

East Ward: Derek Bedford; Nigel Gibbs; Philip Hague; James Hill; Gordon Lucas; Kenneth Riches.

West Ward: Philip Cutter (mayor); John Davies; Rosemary Franklin; Jennifer Hyde; Michael Jennings (deputy mayor); Paul Truman.

■ MEMBERS OF PARLIAMENT

HEREFORD: Paul Keetch, Constituency Office: 39 Widemarsh Street, Hereford HR4 9EA 01432 341483 info@paulkeetch.org.uk House of Commons: 020 7219 2419
LEOMINSTER: Bill Wiggins, Constituency Office: 8 Corn Square, Leominster, HR6 8LR 01568 612565 House of Commons: 0207 219 8175
BRECON AND RADNOR: Roger Williams, 4 Watergate, Brecon, Powys, 01874 625739. House of Commons: 0207 219 8145 or 0207 219 8324.

■ HEREFORDSHIRE PARISH COUNCIL CLERKS

Abbeydore & Bacton GPC: Mr M Walker. Tel: 01981 241151.
Aconbury PM: Mr R Wilkins. 01981 540098.
Acton Beauchamp Gp: Mrs J L Morris. 01886 884575.
Allensmore PC: Mrs S E Lawrence. 01432 277485.
Almeley PC: Mrs G Beresford. 01544 327703.
Ashperton PC: Mr M Field. 01432 820074.
Aston Ingham: Mrs H C Hobbs. 01989 720479.
Avenbury PC: Mrs A Morgan.
Aymestry PC: Mr A Batchelor. 01568 770443.
Ballingham, Bolstone & Hentland GPC: Mr P F Wyndham-Pember. 01432 840254.
Bartestree & Lugwardine GPC: Mrs C Langstaff. 01432 850014.
Belmont: Mrs E Kelso. 01432 357466.
Birley with Upper Hill PC: Mrs L Pugh. 01432 830737.
Bishop's Frome PC: Mr M Field. 01432 820074.
Bishopstone & Dist GPC: Mr B A Megson. 01981 590691.
Bodenham PC: Mr Martin Field. 01432 820074.
Border GPC: Mr R Ambrose. 01547 530785.
Bosbury & Coddington PC: Mrs L J Sinker. 01531 640420.
Brampton Abbots & Foy GPC: Mrs J Herath.
Bredenbury & Dist GPC: Mr M Cresswell. 01885 483964.
Breinton PC: N Eyles. 01432 263471.
Bridstow PC: Mrs P Newton 01989 562809.
Brilley PC: Mr Peter Joyce 01497 831485.
Brimfield & Little Hereford PC: Mrs K D Yates. 01584 810817.
Brockhampton PC: Mrs J Yule. 01989 740545.
Brockhampton GPC: Mrs J L Morris. 01886 884575.
Bromyard & Winslow Town Council: Mr M Cresswell. 01885 482825.
Burghill PC: Mike Buffey 01432 760400.
Callow & Haywood GPC: Mrs Greenow. 01432 870874.
Cleghonger PC: Liaison officer Anthony Bush. 01432 260611.
Clifford PC: Christine Bates. 01497 831422.
Colwall PC: Mr C Walker. 01684 541995.
Cradley PC: Ms M Barnett. 01531 635103.
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Dinedor PC: Mrs K Greenow. 01432 870874.
Dinmore PM: Mr M R Dawes. 01432 830410.
Dormington & Mordiford GPC: Mrs H Jones. 01432 850806.
Dorstone PC: Mr C Hendy. 01981 550652.
Eardisland PC: Liaison officer Anthony Bush.
Eardisley GPC: Melanie Street. 01544 328412.
Eastnor & Donnington PC: Debbie Fenwick. 01684 875932.



▲ Bodenheim parish clerk, Martin Field, with the artwork Hereford Bulls on the green in the centre of Bodenheim.

Eaton Bishop PC: Mr P J Rowland. 01981 252954.
Ewyas Harold GPC: Mr A Shipp. 01873 890974.
Fownhope PC: Keith Shilton. 01600 890131.
Foxley PC: Mrs R Lancaster. 01981 590462.
Garway PC: Mrs L M Williams. 01981 580424.
Goodrich & Welsh Bicknor GPC: Mrs H Amos. 01600 890194.
Hampton Bishop PC: Mrs L P Wilcox. 01432 276447.
Hampton Charles PM: Mr E P L Wood. 01885 410395.
Hatfield & Dist GPC: Mrs S D Hanson. 01568 760248.
Hereford City Council: Mr M D Fellows. 01432 260456.
Holme Lacy PC: Mrs L A Taylor.
Holmer & Shelwick PC: Mr A Owen. 01432 870569.
Hope Mansell PC: Mr D M Webb. 01989 567288.
Hope-u-Dinmore GPC: Mr B Nugent. 01568 612727.
How Caple, Sollers Hope & Yatton GPC: Mrs H Gough. 01432 880327.
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Ford & Prior GPC: Mrs P Paxton. 01568 760633.
Huntington PC: Mr M Lloyd. 01544 370692.
Kentchurch PC: Mr M Walker. 01981 241151.
Kilpeck GPC: Mr M Walker. 01981 241151.
Kimbolton PC: Mr B Guy.
Kings Caple PC: Mrs T Morriss. 01432 359353.
Kingsland PC: Richard Hewitt. Chairman John Pudge 07968 731647.
Kingstone & Thruxton GPC: Mrs Rachel Craine 01981 250692.
Kington Rural & Lower Harpton GPC: E Rolls. 01544 239098.
Kington Town Council: Ki Barnes. 01544 239098.
Kinnersley & Dist GPC: Mrs R Lovelace. 01544 318138.
Lea PC: Annette Steele. 01989 563100.
Ledbury Town Council: 01531 632306.
Leintwardine GPC: Mr R Webb.
Leominster Town Council: Mrs C Bromage. 01568 611734.
Linton PC: Mr A Steele. 01989 563100.
Little Birch PC: Mrs L Callwood. 01981 540081.
Little Dewchurch PC: Ms L Standen.
Llangarron PC: Mrs J Bailey. 01989 770665.
Llanwarne & Dist GPC: Mr G W Davis. 01989 730402.
Longtown GPC: Mrs J Hope. 01873 860221.
Lower Bullingham PC: Mr A Owen. 01432 870569.
Luston GPC: Mrs D Watts. 01544 318961.
Lyonsall PC: Ms E Rolls. 01544 2390098.
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Marden PC: Mr R D Gould. 01432 880878.
Marstow PC: Mr K Shilton. 01600 890131.
Mathon PC: Mrs P Courtney. 01886 880410.
Middleton & Leysters GPC: Mrs C Halls. 01568 750257.
Monkland & Stretford PC: Ki Barnes. 01568 720147.
Moreton-on-Lugg PC: Mr R D Gould. 01432 880878.
Much Birch PC: Mrs L P Wilcox. 01432 276447.
Much Cowarne & Moreton

Jefferies GPC: Mr E Parkes. 01432 820402.
Much Dewchurch PC: Mrs R Craine. 01981 250692.
Much Marcle PC: D Baldwin. 01989 740340.
North Bromyard GPC: Mrs L Butler. 01886 821198.
Ocle Pychard PC: Mr M Field. 01432 820074.
Orcop PC: Mrs T Morriss. 01432 359353.
Orleton PC: Mrs S E Rogers.
Pembridge PC: Mrs H Harding. 01568 612143.
Pencombe & Little Cowarne GPC: Mrs D Guest. 01885 400326.
Peterchurch PC: Mrs S D Teakle. 01981 550599.
Peterstow PC: Mrs P V Cook. 01989 563420.
Pipe & Lyde PC: Mr B Joy. 01432 343805.
Pixley & Dist PC: Jem Bateman. pixleyclerk@tiscali.co.uk.
Putley PC: Mr R D Hunter. 01531 670244.
Pyons GPC: Mrs J C Bufton. 01544 318292.
Richard's Castle PC: Mrs J Gartell.
Ross-on-Wye TC: Mrs D Mason. 01989 562373.
Ross Rural PC: Mr R Williams. 01989 564006.
Sellack PC: Mrs P Newton. 01989 562809.
Shobdon PC: Mrs A Kent-Phillips. 01568 708446.
St Weonards PC: Miss J Griffiths. 01981 580353.
Stapleton GPC: Mr P Coveney. 01544 260398.
Staunton-on-Wye & Dist GPC: Mr G H Valentine. 01544 327535.
Stoke Edith PM: Chairman: Mr A Foley. 01432 890269.
Stoke Lacy PC: Mrs S Davies.
Stretton Grandison GPC: Mrs L J Sinker. 01531 640420.
Stretton Sugwas PC: Mrs S R Williams. 01432 265195.
Sutton St Nicholas PC: Mr R D Gould. 01432 880878.
Tarrington PC: Mrs L Pugh 01432 830737.
Thornbury GPC: M Cresswell. 01885 483964.
Titley & Dist GPC: Anton Jacobus 01544 588223.
Upton Bishop PC: Mrs J A Herath.
Vowchurch & Dist GPC: Mrs S D Teakle. 01981 550599.
Walford PC: Mrs J M Perry. 01989 563213.
Wellington PC: Mrs H Gough. 01432 880327.
Wellington Heath PC: Mrs K Fenton. 01684 561851.
Welsh Newton & Llanrothal GPC: Mr M Walker 01981 241151.
Weobley: Mrs L Pugh. 01432 830737.
Weston Beggard PC: Mrs C Lawrence. 01432 851135.
Weston-u-Penyard PC: Mrs E S Pennells. 01989 750270.
Whitbourne PC: Mrs L Butler. 01886 821198.
Whitchurch & Ganarew GPC: Mrs L P Wilcox. 01432 276447.
Wigmore GPC: Mrs C Bordewey.
Withington PC: Mr B Davies. 01432 850672.
Woolhope PC: Mrs H Gough. 01432 880327.
Wyeside GPC: Mrs D Bowen. 01981 500401.
Yarkhill PC: Mrs V Magden.
Yarpole GPC: Jo King. 01568 780731.

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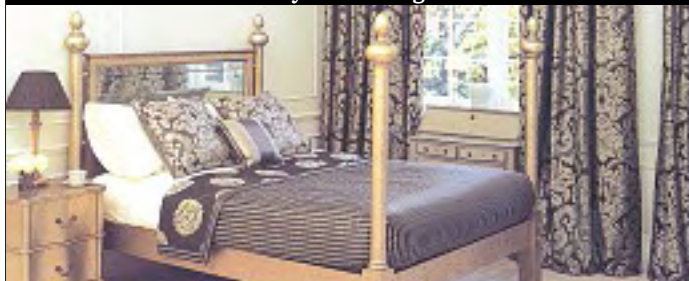


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■ HOMES FOR OLDER PEOPLE

Abbey Grange: 47 Venns Lane, Hereford. 01432 271519. Care Manager: Mr Ubhee.
Ashfield House: Bargates, Leominster. 01568 614662. Care Manager: Mrs M M Wenlock.
Birchams Grange: Clenchers Mill Lane, Eastnor, near Ledbury. 01531 632925. Care Manager: Mrs J Fry.
Blackwells: 210 Whitecross Road, Hereford. 01432 350853. Care Manager: Carl Gillson.
Brockhampton Court Nursing Home: Brockhampton. 01989 740239. Care Manager: Mrs J Parker.
Carlhan House: 9-11 Tower Road, Hereford. Care Manager: Mrs C A Williams.
Charnwood Country Residence for the Elderly: Much Dewchurch. 01981 540291. Care Manager: Mr C J A Mayers.
Coldwells House & The Stables: Holmer, Hereford. 01432 272414. Care Manager: Karen Evans.
Credenhill Court: Credenhill. 01432 760349. Care Manager: Mrs S Davies.
Dovecote Care Home: Llangarron, near Ross. 01989 770240. Care Manager: Anne Morgan.
Dulas Court: Dulas 01981 240214. Care Manager: Mrs E A Blake.
Elmhurst: 10-12 Venns Lane, Hereford. 01432 274508. Care Manager: Mr Tony Yelland.
Field Farm House Residential Home: Hampton Bishop, Hereford. 01432 273064. Care Manager: Ms J Barrington.
Forbury: Church Street, Leominster; 01568 613877. Care Manager: Mrs June Bakewell.
Ganarew House: Ganarew, near

Monmouth. 01600 890273. Care Manager: Mrs Sylvia Williams.
Garth Care Home: The Square, Kington. 01544 230502. Resident Manager: Mrs P Prior. Care Manager: Marion Webb.
Glendaph Nursing Home: North Road, Kingsland. 01568 708337. Care Manager: Mrs H Blake.
Hampton Grange Nursing Home: 48-50 Hampton Park Road, Hereford. 01432 272418. Care Manager: Brenda Robinson.
Hampton House: Church Lane, Hampton Bishop. 01432 870287. Care Manager: Mrs Jenny Bates.
Hazelhurst Nursing Home: Bishopswood, Ross. 01600 890600. Care Manager: Mrs B Cooper.
Highwell House: Highwell Lane, Bromyard. 01885 488721. Care Manager: Angela Staphnill.
Holm Lea: 2 Alton Road, Wilton, Ross. 01989 565317. Care Manager: Mrs C Linnell.
Holmer Manor: Leominster Road, Hereford. 08453 455745. Care Manager: Susan Marshall.
Holmer Court: Attwood Lane, Holmer, Hereford. 01432 351335. Care Manager: Mrs Ann Comer.
Keepers Cottage: Falcon Lane, Ledbury. 01531 670772. Care Manager: Mr Tony Lafford.
King Street: 21a Kings Street, Hereford. 01432 263171. Care Manager: Mrs E Watkins.
Lawford's House: Walford Road, Ross. 01989 566811. Care Manager: Mrs J Madley.
Leadon Bank: Orchard Lane, Ledbury. 01531 632657. Care Manager: Stephanie Hyde.
Ledbury Nursing Home: Market Street, Ledbury. 01531 637600. Care Manager: Mrs L Cooling.
Leominster Residential Care

Home: 44 Bargates, Leominster. 01568 611800. Care Manager: Mrs Monica Hartley.
Lynhales Hall Nursing Home: Lyonshall. 01544 340642. Care Manager: Meg Fallon.
Manor Rest Home: Bullingham Lane, Lower Bullingham. 01432 274732. Care Manager: Julie-Anne Minett.
Marsden House: Whitchurch, Ross. 01600 890869. Care Manager: Graham Fillery.
Newstead House: 43 Venns Lane Hereford. 01432 263131. Care Manager: Miss C A Horrigan.
Oaklands Nursing Home: 43 Bodenham Road, Hereford. 01432 272775. Care Manager: Mrs Pamela Newman.
Old Vicarage: Wigmore. 01568 770564. Care Manager: Mrs H K Davies.
Orchard House: The Walk, Withington. 01432 851894. Care Manager: Tina Morgan.
Pencombe Hall: Pencombe, near Bromyard. 01885 400217. Care Manager: Alison Stocker.
Rosedale Retirement Home: Ashfield Crescent, Ross. 01989 565851. Care Manager: Mrs Julie Scotford.
Ross Court: Overross Close, Ross. 01989 764349. Care Manager: Mrs J Auty.
Stretton Nursing Home: Burghill. 01432 761611. Care Manager: Sylvia Steed.
The Chestnuts: The Avenue, Ross. 01989 562031. Care Manager: Mrs J C Powell.
Shaw Health Care: Etnam Street, Leominster. 01568 612126. Care Manager: Barbara Hadley.
Weir Nursing Home: Swainshill, Hereford. 01981 590229. Care

Manager: Gillian Pankhurst.
West Bank: Walford Road, Ross. 01989 562741. Care Manager: Mrs H M Atkinson.
West Eaton House: Worcester Road, Leominster. 01568 610395. Care Manager: Graham Beedie.
Whitchurch House: Whitchurch, Ross. 01600 890655. Care Manager: Heather Jones.
Whitegates: 25 Hereford Road, Bromyard. 01885 482437. Care Manager: Sue Brown.
Woodside: Gloucester Road, Hildersley, Ross. 01989 767619. Care Manager: Mrs P Brace.
Wykenhurst: 19 Baggallay Street, Hereford. 01432 278435. Care Manager: Mrs J A Jones.

■ SPECIALIST CENTRES

FOR PEOPLE WITH PHYSICAL DISABILITIES

Canal Road Day Centre: Canal Road, Hereford. 01432 266881, Assistant Day Opportunity Manager; Mrs Cheryl Osseman.
Kynaston Court Residential Home: Hentland, Ross. 01989 730678. Care Manager: Brenda Wetton.

FOR CHILDREN

Family Centre: Hollybush Centre, Hollybush Walk, Hereford. 01432 269437. Manager: Pat Goldsworthy
The Fostering Team Resource Centre: Moor House, Widemarsh Common, Hereford. 01432 262830. Fostering Manager: Rebecca Plato.

ADULTS WITH LEARNING DIFFICULTIES AND CHALLENGING BEHAVIOUR

Ivy Close: 1-4 Ivy Close, Ledbury Road, Hereford. 01432 274311. Care Manager: Jim Hughston.

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POLICE

In an emergency dial 999
 24-hour non-emergency number 08457 444888

CRIMESTOPPERS

Freephone: 0800 555111 (not an emergency number - see Police above - but to pass on information about a crime anonymously)

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01432 269000 or 08457 909090

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COMMUNITY ALCOHOL SERVICE (Hereford)

01432 3457825

WOMEN'S AID

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■ SPECIAL EDUCATION CENTRES

St Owen's Centre, Hereford: 01432 355005. Manager: Sarala Woodward.
The Marshfields Centre: Ryelands Road, Leominster. 01568 614772. Resource Manager: Jon Pitts.
Workshop Unit: Bramley Business Park, Waterworks Lane, Leominster. 01568 614444. Resource Manager: Jonathan Pitts.
Ryefield Centre: Multi Client Resource Centre, Grammar School Close, Ross. 01989 768273.
Widemarsh Workshop: Widemarsh Common, Hereford. 01432 354250/354259. Resource Manager: Mr G Cove.

■ PRE-SCHOOLS AND NURSERIES

Acorn Mother and Toddler Group: Gorsley Chapel. 01989 720312.
Gorsley Pre-school: Monica Irvine 01989 563809.
Honeybees Nursery: Conningsby Children's Centre, Leominster. Contact: Cathy Hammond. 01568 613274.
Saltmarsh Under-5s: Saltmarsh District Hall, Nr Bromyard. 078662 88896

■ PRIMARY SCHOOLS

Almeley Primary: 01544 327267.
Ashperton Primary: 01531 670385.
Bodenham: St Michael's CE Primary: 01568 797241.
Bosbury CE Primary: 01531 640276.
Brampton Abbotts CE Primary: 01989 562256.
Bredenbury Primary: 01885 483253.
Bridstow CE Primary, Ross: 01989 562623.
Broadlands Primary, Hereford: 01432 266772.
Brockhampton Primary: 01885 483238.
Bromyard: St Peter's Primary:

01885 483237.
Burghill Community Primary: 01432 760240.
Burley Gate CE Primary: 01432 820367.
Canon Pyon CE Primary: 01432 830334.
Cleghonger CE Primary: 01981 250218.
Clifford Primary: 01497 831202.
Colwall CE Primary: 01684 540532.
Cradley CE Primary: 01886 880315.
Credenhill: St Mary's CE Primary: 01432 760408.
Dilwyn CE Primary: 01544 318277.
Eardisley CE Primary: 01544 327262.
Eastnor Parochial Primary: 01531 632509.
Ewyas Harold Primary: 01981 240432.
Fownhope: St Mary's CE Primary: 01432 860474.
Garway Primary: 01600 750273.
Goodrich CE Primary: 01600 890422.
Gorsley Goffs Endowed Primary: 01989 720321.
Hampton Dene Primary: 01432 273232.
Holmer CE Primary: 01432 273301.
Hunderton Infants: 01432 274653.
Hunderton Junior: 01432 265080.
Lord Scudamore Primary: 01432 273951.
Marlbrook Primary: 01432 266643.
Our Lady's RC Primary: 01432 274814.
St Francis Xavier's RC Primary: 01432 273941.
St James' CE Primary: 01432 273961.
St Martin's Primary: 01432 273633.
St Paul's CE Primary: 01432 273784.
St Thomas Cantilupe CE Primary: 01432 268400.
Trinity Primary: 01432 266268.
Holme Lacy Primary: 01432 870374.
St James' CE Primary, Kimbolton: 01568 612691.
Kings Caple Primary: 01432 840267.

Kingsland CE Primary: 01568 708436.
Kingstone & Thruxton Primary: 01981 250338.
Kington Primary: 01544 230363.
Lea CE Primary: 01989 750296.
Ledbury Primary: 01531 632940.
Leintwardine Endowed Primary: 01547 540641.
Leominster Infants: 01568 612029.
Leominster Juniors: 01568 612555.
Ivington CE Primary: 01568 720216.
Little Dewchurch CE Primary: 01432 840645.
Llangrove CE Primary: 01989 770322.
Longtown Primary: 01873 860239.
Lugwardine Primary: 01432 850449.
Luston Primary: 01568 615753.
Madley Primary: 01981 250241.
Marden Primary: 01432 880208.
Michaelchurch Escley Primary: 01981 510208.
Mordiford CE Primary: 01432 870258.
Much Birch CE Primary: 01981 540254.
Much Marcle CE Primary: 01531 660607.
Orleton CE Primary: 01568 780366.
Pembridge CE Primary: 01544 388366.
Pencombe CE Primary: 01885 400255.
Peterchurch Primary: 01981 550230.
Ross-on-Wye Ashfield Park Primary: 01989 562738.
St Joseph's RC Primary: 01989 564655.
St Leonards Primary: 01981 580352.
Shobdon Primary: 01568 708386.
Shaunton-on-Wye Endowed Primary: 01981 500331.
Stoke Prior Primary: 01568 760207.
Stretton Sugwas CE Primary: 01432 760282.
Sutton Primary: 01432 880336.

Walford Primary: 01989 562209.
Wellington Primary: 01432 830264.
Weobley Primary: 01544 318273.
Weston-u-Penyard CE Primary: 01989 563933.
Whitbourne Primary: 01886 821266.
Whitchurch CE Primary: 01600 890571.
Wigmore Primary: 01568 770333.
Withington Primary: 01432 850289.

■ HIGH SCHOOLS

Bromyard: Queen Elizabeth High: 01885 482230.
Hereford: Aylestone High: 01432 357371.
Bishop of Hereford's Bluecoat: 01432 347500.
Haywood High: 01432 355213.
Hereford Waldorf School (Independent), Much Dewchurch: 01981 540221.
St Mary's RC High: 01432 850416.
Whitecross High: 01432 359151.
Kingstone High: 01981 250224.
Kington. Lady Hawkins: 01544 230441.
Ledbury. The John Masefield High: 01531 631012.
Leominster. Minster College: 01568 613221.
Monmouth: Haberdashers Schools: 01600 711168.
Peterchurch. Fairfield High: 01981 550231.
Ross-on-Wye, John Kyrle High: 01989 764358.
Weobley High: 01544 318159.
Wigmore High: 01568 770323.

■ FURTHER EDUCATION

Herefordshire Sixth Form: Folly Lane: 01432 355166.
Herefordshire College of Technology: Folly Lane: 01432 352235.
Herefordshire College of Art & Design: Folly Lane. 01432 273359.
Holme Lacy College: 01432 870316.

■ OUT OF SCHOOL CLUBS

Urchins: Roz Jarrett, Winslow, New Street, Ledbury. 01531 634224.

■ SPECIAL SCHOOLS/CLASSES

Hereford: Barrs Court: 01432 265035.
Hereford: Blackmarston, Honddu Close. 01432 272376.
Hereford: Brookfield School, Grandstand Road: 01432 265153.
Leominster: Westfield School, Westfield Walk: 01568 613147.
Children's Hearing and Speech Centre: Nelson Street, Hereford: 01432 274549.

■ PUPIL REFERRAL UNITS

St David's Pru: Coningsby Street. 01432 274485.
The Aconbury Centre: Ross Road. 01432 341096.
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■ YOUTH ORGANISATIONS

Young People's Fellowship at Gorsley Chapel: Leader: Jeff Goulding. 01432 840492.
The Zones: 01989 720312.
Teme Valley Youth Project: Kingsmeadow, Wigmore: Mary Simpson. 01568 770110.

■ HEREFORD HOSPITALS NHS TRUST

Monitoring Office: County Hospital, Union Walk, Hereford. 01432 364005; Fax: 01432 364430.
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Chief Executive: Martin Woodford.
Patient Advice & Liaison Officer (PALS): 01432 372986.
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■ COUNTY HEALTH FACILITIES

Hereford City Locality Manager: 01432 378910.
Children & Adolescent Mental Health: 01432 378940.
Child Development Centre: 01432 356438.
Children's Hearing Service: 01432 356438.
Child Protection Nurse: 01432 344344.
Community Paediatric Team: 01432 373940.
Learning Disabilities Service: 01432 373950.

Clinics/Health Centres

Gaol Street Clinic: 01432 378910;
Ross Road Health Centre: 01432 356438;
Dental: Ewyas Harold Dental Access Centre: 01981 241393; Kington: 01544 232511; Gaol Street, Hereford: 01432 378920; Ledbury: 01531 637615; Leominster: 01568 619380; Ross Road, Hereford: 01432 352077; Ross-on-Wye: 01989 561114.
Diabetic Nursing Services: 01432 355444.
District Nursing: Please contact your GP surgery.
Drug and Alcohol Services: Alcohol Service (CAS) 01432 357825; Drug Service (DASH) 01432 263636.
Family Planning: Gaol Street Clinic. 01432 378910/378914.
Podiatry Dept, Hereford: 01432 378912; Bromyard: 01885 485700; Kington: 01544 232508; Ledbury: 01531 637611; Leominster: 01568 614211; Ross: 01989 562100.
Health Visiting: Please contact your GP surgery.
Head Injury Team: 01432 363934.
Herefordshire Heartstart: 01432 880998.
Ledbury Acquired Brain Injury Service: 01531 637618.

Local Hospitals

Bromyard: 01885 485700; **Kington Court Health & Social Care Centre:** 01544 232333; **Ledbury Community Health and Care Centre:** 01531 632488; **Leominster:** 01568 614211; **Ross Community Hospital:** 01989 562100; **Hereford:**

01432 355444.

Learning Disability Services: 01432 261553.

Macmillan Nursing Services: Hereford city, 01432 853076.

Managers: Hereford City Locality, 01432 378910, Leominster, Kington & Rural, 01568 614211, Mental Health, 01432 270243, Ross, Ledbury & Bromyard, 01989 562100. Mental Health Resource Centres: Hereford, 01432 265123, Ledbury, 01531 633872, Leominster, 01568 613202, Ross, 01989 566345.

Mental Health Services: Nan Belville Day Hospital, 01432 273254; Stonebow Unit, 01432 355544; Forensic Arrest Community Team (FACT), 01432 347379.

Occupational Therapists: Bromyard & Ledbury, 01885 488080; Hereford, 01432 344344; Leominster & Kington 01568 614211; Ross, 01989 561105.

Parkinson's Disease Specialist Nurse: 01432 378935.

Physiotherapists

Bromyard, 01885 485701; Hereford,



01432 344344; Kington, 01544 232510; Ledbury, Leominster, 01568 614211; Ross, 01989 561113.

Podiatric Surgery: 01432 363902.

Psychology Service: 01432 265123.

Sexual Health: 01432 378914.

Speech and Language Therapy: 01432 344344.

Stop Smoking Service: 01432 262019.

Travellers Health: 01432 343166.

Training Department: 01432 377770.

Wheelchair Services: 01432 344344.

Ambulance Service: 01432 364063.

Endoscopy Dept: (enquiries), 01432 364067.

Maxillo-Facial Dept: 01432 372930.

County Outpatients Dept: (enquiries/appointments), Freephone: 0800 5874 089.

Stoma Care: (enquiries), 01432 364011.

X-Ray: (enquiries), 01432 364014.

Management Business Manager, Medical: 01432 364008; **Finance Dept, Creditors:** 01432

364027/364028; **Hospital Radio:** 01432 364049; **Information Management and Technology:**

01432 364009; **Directorate Manager, Combined Services:**

Facilities Director: 01432 364005; **Medical Staffing:** 01432 364050;

NHS Supplies: 01432 364032;

Occupational Health: 01432

364013; **Personnel Dept:** 01432

364051/364052; **Works Dept:** 01432

364100; **Charles Renton Unit:** 01432 364107.

■ GPs

Bromyard District:

Nunwell Surgery, 10 Pump St, Bromyard, 01885 488785.

Colwall & Cradley:

Cradley Surgery, Cradley, Malvern. 01886 880207; Bosbury Village Hall, Bosbury; Community Room, The Leys, Cradley. Colwall Surgery, Stone Drive, Colwall. 01684 540323.

Fownhope District:

Fownhope Medical Centre, Lower Island Orchard, Commonhill Lane, Fownhope. 01432 860235.

Hereford District:

Belmont Medical Centre, Eastholme Avenue, Hereford. 01432 354366; 22a King Street, Hereford. 01432 272181; The Surgery, Grandstand Road, Hereford. 01432 354573; Wargrave House, 23 St Owen Street,

Gloria Hayman; Wylcwm Street Surgery, Knighton, 01547 528523.

Leominster/Ludlow District:

The Health Centre, Westfields Walk, Leominster, 01568 612229/01568 612084. Practice Manager, Christopher Williams; The Marches Surgery, Westfield Walk, Leominster, 01568 614141. Practice Manager, Peter Mackley; The Marches Surgery, Branch Surgery, Brockington Road, Bodenham, 01568 797000; Portcullis Surgery, Portcullis Lane, Ludlow, 01584 872939;

Station Drive Surgery, Station Drive, Ludlow, 01584 872461. Practice Manager, Brian Canfer; Bishop's Castle Surgery, Schoolhouse Lane, Bishop's Castle, 01588 638285; Churchstoke Village Hall; The Mortimer Medical Practice, Kingsland, 01568

708214/708215/708496. Practice Manager, Jene Clark; Orleton Surgery, Millbrook Way, Orleton, 01584 831300; Jay Lane, Leintwardine; The Village Hall, Wigmore.

Much Birch District:

The Surgery, Much Birch, 01981 540310. Practice Manager, Mrs G Willis, St Weonards Post Office; Village Hall, Little Dewchurch.

Ross-on-Wye District:

Alton Street Surgery, Alton Street, Ross, 01989 563646. Practice Manager, Shirley Hallett; Pendeen Surgery, Kent Avenue, Ross, 01989 763535/763536. Practice Manager, Mrs Valerie Finney; The Surgery, Drybrook Road, Drybrook, Glos, 01594 542239. Practice Manager, Mrs Jane Smith; Dixon Street, Dixon Road, Monmouth, 01600 712152. Practice Manager, Sarah Harries; Mitcheldean, Glos., 01594 544555. Practice Manager: Mrs Ann Richard; Village Hall, Huntley, Glos; Chippenham Surgery, Monmouth, 01600 713811. Practice Manager, Mrs Jeanette Rimmer; Lydbrook Health Centre, Lydbrook, 01594 860219. Practice Manager, Carol Tassel; Forest Health Care, Dockham Road, Cinderford, 01594 598030. Practice Manager, Mr Wyndham Parry, Melville House, Ruardean; The Holts Health Centre, Watery Lane, Newent, 01531 820689. Business/fund manager, Mrs Patricia Moreton.

South West Herefordshire District:

The Surgery, Ewyas Harold, 01981 240320. Practice Manager, Mrs Ruth Truelove; The Surgery, Closure Place, Peterchurch, 01981 550322; Old Station Surgery, Brecon Road, Abergavenny, 01873 859000; Tudor Gate Surgery, Tudor Street, Abergavenny, 01873 855991. Practice Manager, Carole Wormersley; The Medical Centre, Forest Road, Hay, 01497 822100. Practice Manager, Ros Gittos; The Medical Centre, Cottage Lane, Talgarth, 01873 713000; Brecon, Powys; The Wye Valley Practice, Trellech Surgery, Trellech, 01600 860302; St Briavels Surgery, 01594 530334.

Weobley District:

The Surgery, Weobley, 01544 318472. Practice Manager, Mrs Sheila Devlin; The Surgery, Staunton-on-Wye, 01981 500227; Edmont, Preston-on-Wye; Renley, Canon Pyon; The Medical Centre, Hay.

HEALTH SUPPORT GROUPS

Alzheimer's Society: 49 Breinton Rd, Hereford, 01432 371137.
Arthritis Care: Hereford Branch: 43 Park St, Hereford. 01432 350765.
Arthritis Research Campaign: Sec. Joy Evans, 29 St Clare's Court, Lower Bullingham. 01432 277956.
Blindness: Herefordshire Association for the Blind, 36 Widemarsh St, Hereford. 01432 352297.
British Red Cross: Home from hospital: Lin Rabbetts, 01432 276144; medical loan/transport and escort & general enquiries: 01432 272522; Sue Burleigh, fundraiser.
Cancer Research Campaign UK: 350 Ledbury Rd, Hereford, 01432 269470.
Classical Homoeopathy: J Frank Donaldson, 25 Wye Way, Hereford. 01432 275884, e-mail: jonfrkdon@yahoo.co.uk
Herefordshire Multiple Sclerosis Therapy Centre: Lisa Shaw, 31 Mostyn St, Hereford. 01432 261249.
Gordon McLeod Leukaemia Fund: South Sizebrook, Canon Pyon. 01432 830513.
Deafness: Hearing Aid Clinic, County Hospital, Hereford. 01432 355444.
Macular Disease: Mike Edwards, 01544 267114.
Herefordshire Mencap: Rose Hunt 01885 400379.
Riding for the Disabled, Incorporating carriage driving: Kyre Group: 01584 810259.
Emetophobia: Gut Reaction: www.gut-reaction.freemove.co.uk
Leominster Natural Health Centre: The Community Centre, School Rd, Leominster. 01568 614603.
Marches Family Network: 01568 614908.
Opengate Social Club: Audrey Chatburn: 01432 266888.
Herefordshire Mind: 01432 271643.
Motor Neurone Disease Assoc: 01989 769232.
Hereford Centre for Natural Health: 01432 279653.
St John Ambulance, County HQ, Widemarsh St: 01432 272837;
Hereford Quad Division: 01432 272837.
Hereford Life: Room 1, Fred Bulmer Centre, Wall St, Hereford. 01432 352266.

PHARMACISTS

Bromyard: L Rowland, 35 High Street, Bromyard. 01885 483291.
Colwall: Glentower Ltd., The Village Pharmacy, Bank Chambers, Colwall. 01684 540246.
Hereford: Boots the Chemist Ltd., 12-13 High Street, Hereford. 01432 274941; Chandos Pharmacy: 2-3 Chandos House, St Owen Street, Hereford. 01432 272065; Chave and Jackson Ltd., 6-7 Broad Street, Hereford. 01432 272152; Sainsbury's Ltd., Sainsbury Store, Barton Yard, Hereford. 05000 99941; Westfaling Pharmacy, Hereford. 01432 271940; Tesco In-Store Pharmacy (city), Tesco Store, 1 Fryzer Court, Bewell Street, Hereford. 01432 427447; Matthews Medicines, 96 Grandstand Road, Hereford. 01432 343121; Morrisons Store, Station Approach, Hereford. 01432 341077; Hampton Dene Pharmacy, Gorsty Lane, Hereford. 01432 269101; The Pharmacy, Eastholme Avenue, Belmont. 01432 356182; Lloyds



▲ Rob Hodges, community first responder, and Mike Belcher, community defibrillation officer, set out on another emergency call

Pharmacy Ltd., Hereford. 01432 371512; Dudley Taylor Pharmacies Ltd., 1-2 St Owen Mews, St Owen Street, Hereford. 01432 264242; Tesco In-store Pharmacy (Belmont), Abbotsmead Road, Hereford. 01432427549.
Kington: L Rowlands & Co., 42 High Street, Kington. 01544 230348.
Ledbury: Boots the Chemist Ltd., 9 High Street, Ledbury, 01531 632687; S & J Briggs, 23 The Homend, Ledbury. 01531 632693.
Leominster: Boots the Chemist Ltd., 18 Corn Square, Leominster. 01568 612721; H G Clewer Ltd., (t/a Corn Square Pharmacy), Westfield Walk, 01568 610399; Lloyds Pharmacy Ltd., 23-24 West Street, Leominster. 01568 615429; W S & B Rees (Chemists), 20 High Street, Leominster. 01568 612306.

Ross-on-Wye: Boots the Chemist Ltd., 5 Market Street, Ross. 01989 562798; Benjamin's Pharmacy, Ross-on-Wye Community Hospital, Alton Street, Ross, 01989 562466; Lloyd's Pharmacy Ltd., Pendeen Surgery, Kent Avenue, Ross. 01989 562020.

DENTISTS

Bromyard: 17 Broad Street, Bromyard. 01885 482855; 32 High Street, Bromyard. 01885 482455.
Hereford: 75 St Martin's Street, Hereford. 01432 265613; 8 Commercial Street, Hereford. 01432 359126; Belmont Surgery, Eastholme Avenue, Hereford. 01432 342192; 18 Kyrle Street, Hereford. 01432 273037; Florida House, Bath Street, Hereford. 01432 272238; 15a Commercial Street, Hereford. 01432 274749; 36a St Owen Street, Hereford. 01432 272084; 34 Castle Street, Hereford. 01432 273393; 52 Broad Street, Hereford. 01432 266899; 7 Bath Street, Hereford.

Leominster: 16 Church Street, Leominster. 01568 612085; 42a West Street, Leominster. 01568 612515.
Ross-on-Wye: Warrendale, Chase Road, Ross. 01989 562052; Suite B, Berkley House, New Street, Ross. 01989 562665; Oasis Dental Care, Old Maids Walk, Ross. 01989 562061.
Weobley: Weobley Dental Surgery, Gadbridge Road, Weobley. 01544 318166.
Whitchurch: Stone Lodge, Whitchurch. 01600 890233.

OPTICIANS

Bromyard: Andrew Jelley Optometrist Ltd, 34 High Street, Bromyard. 01885 488259; Rayner (Opticians) Ltd., 10 Broad Street, 01885 482492.
Hereford: Bishop, Bishop & Rumney, Marbury House, 38 St Owen Street, 01432 265030; Boots Opticians Ltd., 24 Maylords, 01432 352860; Chave & Jackson, 6-7 Broad Street, 01432 264551; D & A Opticians, 58 Commercial Street, 01432 272501; Specsavers Opticians, 17 Maylord Street, 01432 353464; G R Gay, 127-129 Eign Street, 01432 273719; Vision Express, 7-8 High Street, 01432 342433; Rayner Ltd., 20 Eign Gate, 01432 355555.
Kington: C W Coates, 8 Bridge Street, 01544 230219; David Joyce Opticians, 16 High Street, 01544 231330.
Ledbury: Margaret Matteo, 6 New Street, 01531 634440; J S & D Miller, 27 High Street, 01531 632290; Waller and Waller Ltd., 20 New Street, 01531 632044.
Leominster: G R Gay, 8 Corn St, 01568 612994; P Meredith, 1 Black Swan Walk, 01568 616332; Rayner Ltd, 27 West Street, 01568 616434.
Ross-on-Wye: S C Daniels, 3 Cantilupe Court, Cantilupe Road. 01989 562173; Specsavers, 13 Gloucester Road, 01989 564460; Scotts Opticians, Ross Community Hospital, Alton Street, 01989 567244.



▲ Specsavers in Hereford have been nominated for three awards. From the left, Hayley Bennett (contact lens assistant), Nialle Smith (store director) and Lisa Cullen (dispensing and clinical assistant) celebrate after being shortlisted from 490 other centres.

■ ANIMALS AND NATURAL HISTORY

Herefordshire Beekeepers' Assoc: 01886 821485.
Herefordshire Botanical Society: 01989 563599.
Herefordshire Badger Group: Colin Gray, 54 Purland, Ross. 01989 567995.
Hereford Fur Fanciers Society: 01432 760161. Meet Sunday at Withington.
Hereford & District Pigeon Flying Club: 01432 354449.
Herefordshire Ornithological Club: 01886 821368.
J & S School of Dog Training (Kennel Club Listed): 01544 267943.
Leominster Canine Society: Mrs V K Young. 01544 230878.
Tynique Dog Training Club: John and Val Tyson. 01885 488150. Monday 6.30pm-9pm.
Wye Valley Beekeepers' Assoc: S J Palmer. 01432 860560.
Woolhope Naturalists' Field Club: Sec. Mr J W Tonkin. 01568 770356.

■ ARTS AND CRAFTS

Guild of Herefordshire Craftsmen: Alison Payne, Bartons Well, Much Marcle. 01531 660328.
Kington Art Society: Mrs Ruth Barker. 01544 388708.
Ledbury Arts Society: Mrs Jill Haiselden, 01531 631761, e-mail: jill@ledbury@tiscali.co.uk
Ross Arts Appreciation Society: Robin Jeffries. 01989 563962, e-mail: ladyjan@lineone.net
Marches Scribe (Calligraphy): Ann Price 01584 823660.

■ ASTRONOMY

Black Knight Astronomy: Observation Co-ordinator: Barry Crawford, Rose and Ivy Cottage, Lingen, Bucknell.
Offa's Dyke Astronomy: Graham Arnold, 01547 530205.

■ BELL RINGERS

McLean Handbell Ringers: Ursula Howes, 01684 311019, jchowes@btopenworld.com

■ BRIDGE

Herefordshire Bridge Association: Secretary Geoff Harrington. 01432 851145
Ledgemoor Bridge is Fun BC: Tibb & George Richardson. 01544 318764.
Marches Bridge for All: Val Lee. 01432 275565.
Wyeside Bridge Club: Geoff Harrington. 01432 851145.

■ CLIMBING

Hereford Climbing Club: Social Sec: Tony Baker. 01432 851194.
Shropshire Mountaineering Club: (Hill walking) Rachel Hicks, Hillview Cottage, Whiteleaved Oak, Ledbury. 01531 650081.

■ GENERAL INTEREST

Civil Service Retirement Fellowship: Mr PJT Barbary, 19 Audley Crescent, Hereford.
Craswall Grandmontine Society: Mrs RA Rocyn Jones, 01981 240289.
Hereford Amateur Radio Society: Tim Bridgland-Taylor. 01432 279435, held at Simpson Hall, Burghill. 3rd

Friday of the month.

Hereford Chess Club: Nigel Beveridge, 01432 870218, meet Farmers Club (Mon eves).
Hereford Christian Ecology Group: Mrs Sheila Milne. 01432 279740.
Hereford Civic Society: Chairman Garry Thomas, 01432 278707
Hereford Computer Club: Group Sec. PA Wick, 01432 343481.
Hereford Cruising Club: Sec. Marj Laurie. 01989 780250.
Hereford & District Wine Circle: Chair, Morris Bennett. 01432 760389.
Hereford Explorers: Mrs Lewis, 38 Audley Crescent, Hereford.
Hereford Geographic & Historical Society: Sec. Mr PJT Barbary. 01432 274871.
Hereford Life Group: Sec, Mary Baskerville. Room at Fred Bulmer Centre. 01432 352266.
Hereford Life Pregnancy Care Service: Jean Payne. 01432 352266.
Hereford Mensa Group: 01902 772771.

Hereford Poetry Group: Amanda Attfield, 01432 370066.
Hereford Writers Circle: Sec. Mrs D Stables, 31 Scotch Firs, Fownhope. 01432 860337.
Herefordshire Family History Society: Sec. Mr B Prosser, 6 Birch Meadow, Gosmore Road, Clehonger. 01981 250974.
Marches Fungus: Hon Sec. Mike Stroud 01874 730263.
Herefordshire Scrabble Club: Sec. Susan Williams, South Wye Learning Centre, Stanberrow Rd, Hereford. 01531 670259. (Monday eves, 7pm).
Herefordshire SHYPP: Sam Pratley. 01432 377907.

Herefordshire & Marches Assoc of the National Trust: Sec. Mrs Joy Ward, 75 Walkers Green, Marden. 01432 880764.

Herefordshire Raceway: Contact Graham Powell. 01544 318334.
Inland Waterways Assoc-Hereford & Gloucester Branch: 01923 711114.

Kilvert Society: Alan Brimson, 40 Bromley Heath Avenue. 01179 572030.

Ledbury Naturalists Field Club: Chairman Brian Willder, 01531 670404.

Leominster Civic Society: Chairman Robert Oliver 01568 610451.

Ludlow Spinners Group: Pat Russell. 01584 872011.

National Childbirth Trust: Kath Brooks, 01432 343266.

Peterchurch August Bank Holiday Show & Sports: Chair, Brendon Treanor. 01981 550482.

Quilter's Guild: Amanda Wright. 01531 633325.

South Hereford Area Regeneration Project: Ted Dowling, 01432 278004.

The English Speaking Union Hereford Branch: Andrew Putnam, The Old Rectory, Putley. 01531 670288.

University of the Third Age (U3A): Membership Secretary: 01432 273081; publicity contact: D Convery, 01432 276159.

Wye Valley Miniaturists: Liz Connors, 01432 880155.

Woolhope Club: J W Tonkin. 01568 770356.

Wednesday Club: Jill Sparks 01432 274338.

Ross Science Society: Sec. Jan Falkiner. 01989 720539.

Royal Antediluvian Order of Buffaloes: S A Holdsworth, 7 Escley Drive, Hereford. 01432 359117.

Welsh Marches Humanist Group: Chair, Mr Tony Akkermans, Oak Lodge, Rowton, Craven Arms. 01588 660670; sec, Jano Rochefort, 01568 770282.

Yoga: Pat Hartland, 01981 240606; Christina Langley, 01432 343008; Hatha Yoga Classes, Liz Boynton, 01989 560295, liz@boyntonfarms.co.uk.

Hereford City Police Community Consultative Group: Sec. Mrs L Wilcox. 01432 353492.

Herefordshire Crime Prevention Panel: Mr H J Wilson, 01432 272428.

Herefordshire Health & Safety Group: Philip Chandler, 1 Hollybush Walk, Hinton. 01432 356395.

Herefordshire Rural Police Community Consultative Group: Sec. Mrs L Wilcox. 01432 353492.

Allied Special Forces: Michael Colton, Office 11, Cattle Market, Hereford.

■ RESOURCE CENTRES

Leominster Community Centre: School Road. Manager, Jenny Gough. 01568 616411.

Community First: Rural Community Council: 41a Bridge Street, Hereford. 01432 267820.

Hereford Community Resource Centre: Penny Radshaw, 41a Bridge Street, Hereford.

Bromyard: Malcolm Moore, New Public Hall, Rowberry St, Bromyard. 01885 483003; Clifford: Ian Ruse, Clifford Community Hall. 01497 831699; Kington: Alan Carter, 2 High Street, Kington. 01544 340484; Ledbury: Rosemary Speck, Leintwardine: Roger Webb, The Rise, High St, Leintwardine. 01588 660347; Lingen: Mrs Anne Hughes, Lingen Village Hall. 01544 267034; Orleton: Ruth Tune, Orleton Primary School. 01568 780366; Peterchurch: Chair, Mr Brendon Treanor: 01981 550482; Ross: Mark Edwards, Larruperz Ctr, Grammar School Close, Station Road. 01989 762956.

■ CONSERVATION AND HISTORY

Bromyard & Dist Local History Society: Jennifer Weale, 01886 821368.

Hereford WWF Supporters Group: Sec. Alan Vaughan, 2 Rowland Close, Hampton Dene. 01432 355830.

Herefordshire & Gloucestershire Canal Trust: 6 Castle Street, Hereford.

Herefordshire Family History Society: Sec. Mr B Prosser, 6 Birch Meadow, Clehonger. 01981 250974.
Longtown Historical Society: Bob Davies. 01981 241103.

Lugwardine & Dist Local History Society: B Dickinson, Braemar, Lugwardine. 01432 850526.

National Council for the Conservation of Plants and Gardens (Hfds Branch): Miss E Curtis, Cherry Cottage, Little Birch.

Weobley & District Local History Society: Sec. Brian Holley, Little Orchard, Hereford Rd., Weobley, Herefordshire. 01544 318789.

■ DANCE AND FOLK

Ballroom & Sequence Dancing for the over-50s: Founder, Ken Griffiths, 21 Central Avenue, Hereford. 01432 265466.

Falconers Country Dance Club: Barbara Tyler, 01743 872182.

Hereford Circle Dance Group: Jill Vernon, 60 Gorsty Lane, Hereford. 01432 357552.

Herefordshire Scottish Country Dance Club: Sec. Joyce Briffett. 01432 267356.

Line Dancing Single Star: Dev and Anita. 01432 870383.

Herefordshire Royal Scottish Country Dance Society: Mrs M Wilson 01432 850254.

■ EQUESTRIAN

British Horse Society: Mrs Penny Clark, Hereford Equestrian Centre, Grafton Lane, Hereford.

Kingsland Horse & Pony Show:

Sec. John Coates, c/o Eytton House, Leominster.

Kington Horse Show & Agricultural Society: Clare Edwards, 01544 260602.

Leominster & District Horse Show: Sec. John Coates. c/o Eytton House, Leominster.

■ EX-SERVICE ORGANISATIONS

ATS and WRAC Association: Sec. Mrs E Radford, 14 Golden Post, Hereford. 01432 277102.

British Korean Veterans

Association: Sec. Mr H J Wilson, 238 Ledbury Road, Hereford. 01432 272428.

Hereford and the Marches Aircrew

Association: Sec. Bill Hankinson, Frome Farm, Priors Frome 01432 850922.

Herefordshire Air Gunners'

Association: Sec. Mr W E Morris, 26 Brookside, Tupsley. 01432 273814.

Royal Naval Association: Chair,

Nigel Trigg, 01432 840801; treasurer:

Ken Matthews, 01432 263934.

SSAFA Forces Help (Herefordshire):

secretary, Fred Bulmer Centre, Wall St, Hereford.

ssafahereford@supanet.com.

■ RAMBLING

Ramblers Association

Herefordshire Area: Sec. Phil Long, 01989 730697, gillowcot@talktalk.net
Hereford Group: Sec. Arthur Lee. 01684 575044.

Leadon Vale Group: Sec. Isobel Gibson. 01531 635139.

Mortimer Group: Sec. Pat Bickerton. 01568 780827

Ramblers Assoc. Ross-on-Wye

Group: Sec. Sam Phillips. 01989 563874, e-mail. samph13@gmail.com
Disabled ramblers: www.disable-dramblers.co.uk

■ WOMEN'S GROUPS

Women's Royal Voluntary Service

(WRVS) Children's Day Centre:

01432 279566; admin office: 01432 273590.

Abbeydore Women's Guild: Anne Ponting. 01981 240583.

Ledbury Ladies Lifeboat Guild: Chair: Ruth Thomas, 01886 880868.

HFWI: 01432 272268.

Hereford Women's Aid: 01432

356146 (out of hours) 01432 269000.

National Council of Women of Great

Britain: Beryl Archer, 01432 265712.

National Women's Register:

Hereford, 01432 358475.

Salvation Army: 01432 274769.

Mothers' Union, Diocese of Hereford:

Sec. Mrs Helen Taylor, MU Office,

Hereford. 01432 373300; Abbeydore:

Gill Smith, 01497 820488; Ross/Arch-

enfield: Linda Dunn, 01989 562818.

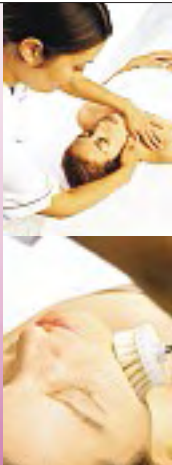
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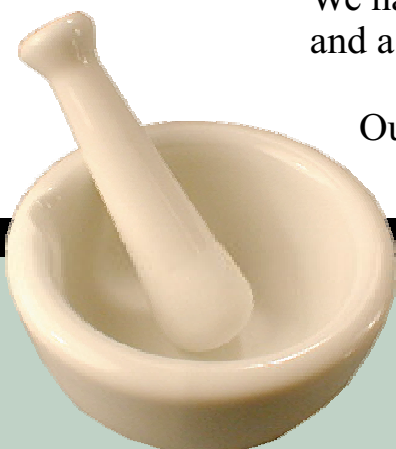
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■ ROYAL BRITISH LEGION

Bartestree: Sec. F J Watkins, 28 Sidney Box Drive, Hereford.

Brampton Bryan: Mike Oliver, Park Gate, Brampton Bryan.

Bromyard: J W Davison, 10 Broxash Close, Bromyard.

Burghill & Dist: Mr J Denovan, Tisden, Burghill.

Canon Pyon & Dist: Mike Davis, 3 Ashgrove View, Bodenham. 01568 797185.

Cradley: Miss J Davison, 21 Jacomb Drive, Lower Broadheath.

Colwall: Mr S Devereux, Sunnyside, Hook Bank, Hanley Castle, Worcs.

Dilwyn: E A Jones, Tan House Cottage, Dilwyn. 01544 318209.

Eardisley & Dist: Mrs D R Jenkins, 12 Orchard Close, Eardisley. 01544 327457.

Fownhope: R O Evans, Holy Cottage, Perrystone Hill. Ross. 01989 780542.

Goodrich: Mrs J Ruck, Primula Cottage, Ross Road, Whitchurch. 01600 890784.

Hereford City: Vivien Tourmoche. 01432 278505.

Hereford North: Mrs D Siggers, Maes-Y-Felin, Dinedor. 01432 870267.

Kingsland: Mr V A Chalinor, Myrtle Cottage, Lugg Lane, Kingsland. 01568 708204, also Mr Scott, 01568 708495.

Kington: Mr Fred Gallieos. 12 Duke Street, Kington. 01544 239100.

Lea: Don Rule, 01531 633703.

Ledbury: G Hale, Hadfield, 01531 650320.

Leominster: Frank Low, 01568 615683.

Madley: Mr A Davies. 01981 251846.

Much Marcle: A Kershaw, Old Normandy's, Rye Meadows, Much Marcle. 01531 660265.

Pembridge: Maj G W Garforth-Bles, 01544 388289.

Peterchurch: Rev Mrs R Davies-James, Brickleys, Dorstone. 01497 831567.

Pontrilas & District: Mr A Price. 01981 240039.

Ross-on-Wye: Major A C Emery, 12a Fontaine Court, Greytree Road, Ross. 01989 768523.

St Weonards: Mrs Barbara Leeson. 01981 580046.

Weobley: Mr M G Bedford, 15 Bearcroft, Weobley. 01544 318591.

Wigmore: Mr R A Stamford, Gatley Park Cottage, Leinthall Earles. 01568 770450.

■ FLYING

Herefordshire Aero Club Ltd: Manager Matthew Stocker, Shobdon Airfield. 01568 708369.

■ FREEMASONRY

Provincial Grand Lodge of Herefordshire Information & Press Officer: Graham Banks, 01432 275265.

■ HORTICULTURAL AND FLORAL ART

Bodenham Gardening Club: Hon Sec. Kay Clark. 01568 797943, e-mail: rosewood@ereal.net.

Bromyard Floral Art Club: Chair: Mrs Jill Williams, 01886 888581.

Herefordshire Flower Guild: Chair, Diane Pritchard, 01568 797428.

Hereford Floral Society: Chair, Marion Wilce, 01432 267843.

Hereford & District Fuchsia Association: Roger Jones, 01432 273196.

Ross & District Floral Society: Sec: Mrs Jenny Holmes. 01989 763575.

Eaton Bishop Gardening Club: Mrs Charlotte Marshall, 01981 251435.

Gorsley Garden Club: Sec, Nicky Jones, 01989 720654.

Herefordshire Gardeners' Association: Mrs Irene Hammond, 15 Trenchard Avenue. 01432 761855.

Herefordshire Nature Trust Ltd: Mrs S Ayling. 01432 356872.

Ledbury & District Floral Art Club: Chair: Judy Street, 01531 635404

Orleton & Dist Gardening Club: Sec. Mrs Louise Thorn. 01568 610975.

Risbury Gardening Club: Chair: Mrs Pym Paxton. 01568 760633.

Ross & Dist Floral Society: Chair, Mrs Pam Pritchard, 01989 750849.

Wellington Heath Garden Club: Mrs Pat Jacobs, The Croft, Wellington Heath. 01531 634941.

Weobley Gardening Society: Anne Cole, Brick House Farm, Norton Canon. 01544 318260.

■ LIONS CLUBS

Hereford: Simon Swancott. e-mail: Secretary@ herefordlions.com

Black Mountains: David James. 01497 820227.

Kington: John Moss. 01544 231126.

Leadon Vale: Martin Eager. 01531 635376.

■ MODELLING

The Herefordshire Model Aero Club: Bernard Morris, 01989 740619.

Border Marches Early Music Forum: Sec, 01432 853283, also Mrs Hannah Davies, 13 Courtney Rise, Hereford. 01432 341154.

■ MUSIC AND DRAMA

Britten Singers: Pamela White, 27 Tower Road, Hereford. 01432 356757.

Bromyard & Dist Choral Society: Sec. Mary Ganderton. 01885 482716.

Bromyard Folk Festival: Annie Jones, PO Box 6, Ledbury.

Bromyard Wind Band: David Thomas, 01432 352006.

Conquest Theatre: Pat Rimell, c/o Conquest Theatre, Tenbury Road, Bromyard. 01885 488575.

Hereford Amateur Pantomime Society: Janet Williams. 01432 267608 or Tony Taylor, 01432 355656.

Hereford Chamber Choir: Roger Langford, 6 Cotterell St, Hereford.

Hereford Choral Society: Marion Hale, 23 Bearcroft, Weobley, Hereford, HR4 8TA. Tel: 01544 318785

Hereford Church Singers: Musical Director: Peter Percival. 01432 264933.

Hereford Concert Society: Linda Arnold, Church Cottage, Michaelchurch Escley. 01981 510263.

Hereford Gilbert & Sullivan Operatic Society: Sec. Miss Wendy Winterburn. 01432 353728.

Hereford Police Male Voice Choir: Sec. Brian Williams, The Cedars, Sling Lane, Hindlip. 01905 454760; chair, Tony Bailey, 01432 357169.

Hereford Rail Male Voice Choir: Booking Sec. Colin Archer 0142 276911.

Hereford String Orchestra: Sec. Mrs P A Paxton. 01568 760633.

Hereford Three Choirs Festival: Admin: Mrs Elizabeth Pooley, The Canon's House Flat, Cathedral Close, Hereford.

Herefordshire Festival: Carol Thompson, PO Box 181, Hereford HR2 9YN. 01981 250899.

Herefordshire Organists Society: Sec. Ian Highton, 33 Castle St. Hereford. 01432 273985.

Herefordshire Concert Band: Band Sec. D Morton. 01432 880838.

Ledbury Amateur Dramatic Society: Paul Graham, The Market Theatre, Market St, Ledbury. 01531 633760.

■ ROTARY CLUBS

City of Hereford: President, Roy Davies, 01432 341154; Secretary, Bob Sockett, 01432 268949.

Ledbury: President: Tony Wargent, 01531 670402. Sec: Una Morgan, 01531 631347.

Leominster: Sec, Ralph Whitwell, 01568 830396, ralphhazel.whitwell@btinternet.com.

Ross: President: David Burgess, 01989 720766. Sec. Brian Bird, 01989 567473.

Wye Valley: President: Alan Davies. Sec. Bob Izon, 01432 359542.

Hereford 41 Club: Martin Adlan, 01544 327220.

■ ROUND TABLE

Ledbury: Chair, Mike Phillips. 01531 890703, hblandford@aol.com

■ YOUNG FARMERS

Herefordshire Federation: County Administrator: Lucinda Rees, YFC Centre, Beech Business Park, Tillington Rd, Hereford. 01432 274187.

■ GUIDES

County Commissioner: Mrs Jean Parkes, Foxwhelp Mill, Much Cowarne. 01432 820253.

■ ARMY CADETS

Area Commander: Major I Wooles, 01432 359917.

No.3 Company, LI, Hfd & Worcs ACF Headquarters: 01432 359917.

Hereford & Worcester ACF: 01684 564021; Hereford City: ACF Centre, Harold Street; Bromyard: ACF Centre, Kirkham Gardens, Bromyard; Kingstone: ACF Centre, Kingstone: Ledbury: ACF Centre, Albert St, Ledbury: Leominster: ACF Centre, Bridge St, Leominster: Ross-on-Wye: ACF Centre, Alton Road, Ross.

Royal Artillery Boys, Artificers and Junior Leaders Association: David Williams, 01432 769375

■ AIR TRAINING CORPS

Commanding Officer: Jane Price, 56 Westcroft, Leominster. 01568 611572.

No.124 (Hereford City) Sqn. ATC: TA Centre, Harold Street, 01432 267801.

No.151 (Leominster) Sqn. ATC: Bridge Street, Leominster. 01568 615113 (parades: Mon/Thurs 7pm-9.30pm only).

No.1002 (Ross) Sqn. ATC: The Drill Hall, Alton Lane, 01989 563773.

■ SCOUTS

Herefordshire & Worcestershire County Commissioner: Jenny Newman. 01527 893330.

South Marches District Scouts: Nick Mason, 01432 371310.

■ SPECIAL INTERESTS

Herefordshire Institute of Advanced Motorists Group: Mary Bevan, 01874 712267

Hereford & Worcester Advanced Motorcyclists: John Hodges, 01432 890606. john.hodges@ukgateway.net

Herefordshire Motor Club: Sec. Colin Ellis. 01568 616330.

Bodenham Romania Support Group: Co-ordinator: Mrs Pat Horrigan, 14 Brockington Road, Bodenham. 01568 797044.

RoSPA Advanced Drivers' Group Greater Hereford Branch: Co-ordinator/Observer: Sandy Maxfield. 01568 720464.

■ SEA CADETS

Hereford Sea Cadets: President, Nigel Trigg, 01432 840801.

Ross-on-Wye Sea Cadets: Lt (SCC) (W) S Lampert RNR, 33 Redwood Close, Ross. 01989 567426.

■ WOMEN'S INSTITUTES

WI House, 90 St Owen Street, Hereford. Tel: 01432 272268. Fax: 01432 370870.

County Chair: Eileen Dilley.

Federation Secretary: Doreen Gatherum.

Institutes: Allensmore, Almeley, Ashperton & Canon Frome, Aston Ingham, Ballingham & District, Barons Cross, Bartestree & Lugwardine, Belmont & District, Bishop's Frome, Bishopswood, Bodenham, Bosbury, Brampton Bryan, Bredenbury, Brilley & Michaelchurch, Brockhampton, Burghill & Tillington, Clifford & District, Colwall, Cradley, Dilwyn, Dinedor, Holme Lacy & District, Dorstone, Eardisland, Eardisley, Eaton Bishop, Eye, Felton & Preston Wynne, Foy, Garway, Hampton Bishop, Hope-u-Dinmore & Wellington, Huntington (Hereford), Huntington (Kington), Kimbolton, Kingsland, Kingstone, Kingswood & District, Kington, Ledbury, Leinthall Earles/ Aymestrey, Leintwardine & District, Leominster, Linton, Little Hereford, Llangrove, Llanwarne & District, Longtown & District, Marden, Mathon, Moccas & District, Moreton-on-Lugg, Much Birch, Much Cowarne, Munsley & District, Orleton, Parkway, Pembridge, Pencombe & Little Cowarne, Peterstow, Pontrilas & District, Preston (Ledbury), Putley, Ross-on-Wye, Saltmarsh & District, Shobdon & District, St Weonards, Stanford Bishop & District, Staunton-on-Arrow, Stoke Edith & Tarrington, Stoke Prior & District, The Pyons, Three Elms (Hereford), Titley, Tupsley, Upton Bishop, Walford, Weobley, Whitney & Winforton, Willey & District, Withington, Woolhope.

Hereford WI Market: 01432 350440.

■ TOWNSWOMEN'S GUILDS

Tupsley: Susan Layton 01432 263931.

Whitecross: 01432 357531.

■ CHURCH OF ENGLAND

DIOCESE OF HEREFORD:

Director of Communications, Anni Holden, The Palace, Hereford. 01432 373300; fax: 01432 352952; e-mail: info@hereford.anglican.org

ABBEYDORE DEANERY:

Clodock & Longtown w Craswall, Llanveynoe, St Margaret's, Michaelchurch, Escley & Newton: Preb. F E Rodgers, The Vicarage, Longtown. 01873 860289.
Ewyas Harold w Dulas, Kenderchurch, Abbeydore, Bacton, Kentchurch, Llangua, Rowlestone, Llancillo, Walterstone, Kilpeck, St Devereux & Wormbridge: Preb. J F Butterworth, The Team Vicarage, Ewyas Harold. 01981 240079.
Kingstone w Clehonger, Eaton Bishop, Allensmore & Thruxton: Rev. J Morrish, The Rectory, Kingstone. 01981 250350.
Madley w Tyberton, Peterchurch, Vowchurch & Turnastone: Rev. T R N Jones, The Vicarage, Madley, 01981 250245.
Cusop w Blakemere, Bredwardine w Brobury, Clifford, Dorstone, Hardwicke, Moccas & Preston-on-Wye (Border Link Parishes): Rev. R M James, The Rectory, Cusop, Hay, 01497 820634.

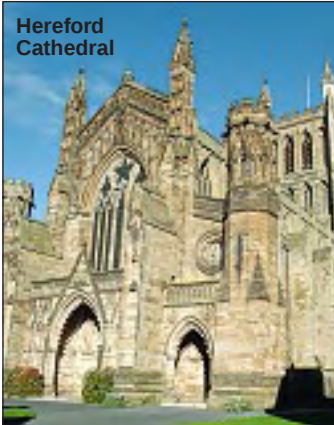
BROMYARD DEANERY:

Bromyard & Stanford Bishop, Stoke Lacy, Morton Jefferies & Ullingswick: Rev. G T G Sykes, The Vicarage, Church Lane, Bromyard, 01885 482438.
Acton Beauchamp & Evesbatch, Much Cowarne & Ocle Pychard, Bishop's Frome w Castle Frome & Frome's Hill: Rev. J Davies, The Vicarage, Bishop's Frome. 01885 490204.
Bredenbury w Grendon Bishop & Wacton, Edwyn Ralph w Collington w Marston Stannett & Little Cowarne: Rev. C I Fletcher, The Rectory, Bredenbury, Bromyard. 01885 482236.
Edvin Loach w Tedstone Delamere, Tedstone Wafer, Upper Sapey, Wolferlow & Whitbourne: Rev. D P Howell, The Rectory, Whitbourne. 01886 821285.

HEREFORD CITY:

All Saints w St Barnabas: Rev. A P Mottram, All Saints Vicarage, 45 Venns Lane, Hereford. Office 01432 370414.
Holy Trinity: Preb. B P Chave, The Vicarage, Vowles Close, Hereford. 01432 273086.
Hereford Cathedral: The Very Rev. M E Tavinor, The Deanery, Hereford. 01432 374203.
South Wye Team Ministry: The Rectory, Ross Road, Hereford. 01432 353717.
St Nicholas: Preb. R North, St Nicholas Rectory, 76 Breinton Road, Hereford. 01432 273810.
St Peter w St Owen & St James: Preb. P Towner, The Vicarage, 102 Green St, Hereford. 01432 273676.
Holmer w Huntington: Rev. P Williams, The Vicarage, Holmer. 01432 273200.
Tupsley w Hampton Bishop: Preb. J D Reese, The Vicarage, 107 Church Road, Hereford. 01432 274490.
Breinton: Preb. R North, St Nicholas Rectory, 76 Breinton Road. 01432 273810.

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Hereford Cathedral

HEREFORD RURAL:

Bodenham w Hope-u-Dinmore, Felton & Preston Wynne: Rev. Heather Short.
Burghill, Stretton Sugwas w Pipecum-Lyde & Moreton-on-Lugg: Rev. J Morrison, The Vicarage, Burghill. 01432 760246.
Credenhill w Brinsop & Wormsley, Mansel Lacy & Yazor, Kenchester, Bridge Sollars & Bishopstone: Rev. C Knight, 26 Meadow Drive, Credenhill. 01432 760530.
Fownhope w Mordiford, Brockhampton & Woolhope: Rev. W Pridie, The Vicarage, Fownhope. 01432 860365.
Lugwardine w Bartestree, Weston Beggard & Dormington, Withington & Westhild: Rev. D J Bowen, The Vicarage, Lugwardine. Fax: 01432 850244.
Marden w Amberley & Westeton, Sutton St Nicholas & Sutton St Michael: Rev. Heather Short.

KINGTON & WEOBLEY DEANERY:

Eardisley w Bollingham & Willersley, Brilley, Michaelchurch, Whitney, Winforton, Almeley & Kinnersley: Rev. M Small, Church House, Church Road, Eardisley. 01544 227440.
Kington w Huntington, Old Radnor, Kinnerton & Tittle: Rev. P Tarling, The Vicarage, Kington. 01544 230525.
Letton w Staunton-on-Wye, Byford, Mansel Gamage & Monnington-on-Wye, Weobley w Sarnesfield & Norton Canon: Rev. R King, The Vicarage, Weobley. 01544 318415.
Pembridge w Moorcourt, Shobdon, Staunton-on-Arrow, Byton & Lyonshall: Rev. J Read, The Rectory, Pembridge. 01544 388998.
Presteigne w Discoed, Kinsham, Lingen & Knill: Rev. S Hollinghurst, The Vicarage, Bucknell. 01544 267777.

LEDBURY DEANERY:

Ledbury Team Ministry: Vacant.
Colwall w Upper Colwall & Coddington: Preb. C A N Attwood, The Rectory, Colwall. 01684 540330.
Cradley w Mathon & Storrridge: Preb. R Ward, The Rectory, Cradley. 01886 880438.

LEOMINSTER DEANERY:

Kingsland w Eardisland, Aymestry & Leinthall Earles: Rev. N Tyson, The Rectory, Kingsland. 01568 708255.
Canon Pyon w King's Pyon, Birley & Wellington: Rev. M C Cluett, The Vicarage, Brookside. 01432 830802.
Leominster Team Ministry: Vacant.
Wigmore Abbey Group of Parishes: Rev. S Turner, The Rectory,

Leintwardine, Craven Arms. 01547 540235.

ROSS & ARCHENFIELD DEANERY:

Ross Team Ministry: The Rectory, Church Street, Ross. How Caple Sollershope & Foy. 01989 562175.
Dixton & Wyesham, Whitchurch & Ganarew: Rev. K Cecil, The Vicarage, 38 Hillcrest Road, Wyesham, Monmouth. 01600 712565.
Walford & St John's w Bishopswood, Goodrich, Marston & Welsh Bicknor, Llangarron w Llangrove: Rev. A Kelk, The Vicarage, Walford, Ross. 01989 562703.

St Weonards w Ocop, Garway, Tretire w Michaelchurch & Pencoyd, Welsh Newton, Llanrothal Hoarwithy & Hentland: Rev. E Goddard, The Vicarage, St Weonards. 01981 580307.

Much Birch w Little Birch, Much Dewchurch, Sellack & Kings Caple, Llanwarne & Llandinabo: Preb. K Garlick, The Rectory, Much Birch. 01981 540666.

■ ROMAN CATHOLIC

Belmont Abbey (Benedictine Monastery): Tel: 01432 277319 (emergency) 01432 374780.

Our Lady's: Father Cenyd Marrison, Belmont Road, Hereford. 01432 265177.

St Francis Xavier: Father Michael Evans, 19 Broad Street, Hereford. 01432 273485.

St John Kemble, Ewyas Harold: (Served by the Benedictine Monks of Belmont Abbey). 01432 277319.

St Mary, Broad Oak: (Served by the Benedictine Monks of Belmont Abbey). 01432 277319.

St Joseph, Bromyard: Fr Cenydd Marrison OSB. 01885 482446.

St Thomas of Hereford, Weobley: Fr Stephen Holdsworth, 01544 318325.

St Bede, Kington (Served from Weobley): Bridge Street, Kington. 01544 318325.

St Frances of Rome, Ross-on-Wye: Canon P Chidgey, Sussex Avenue, Ross. 01989 562186.

St Ethelbert, Leominster: Father F Slater, The Bargates, Leominster. 01568 612238.

The Most Holy Trinity, Ledbury: Father Richard Simons, 01531 635354.

■ BAPTIST

Hereford Baptist Church:

Commercial Road: Senior Minister, Rev. Anthony Wareham; Youth Pastor, Clare Hailwood. 01432 352209.

Gorsley Baptist Chapel: Gorsley, Ross. Tel: 01989 720312, Minister: Rev. John A Lewis. e-mail: admin@gorsleychapel.co.uk

Leominster Baptist Church: Etan Street: Pastor Derek Simpson; secretary: A J Roberts, 01568 708247.

Putson Baptist Church: Rev. Russell Harrison, 01432 264207, Web Tree Avenue, Hereford, e-mail: sylviaharrison@tesco.net

Ross-on-Wye Baptist Church: Broad Street, Ross: Tim Shelley. 01989 566966

Presteigne Baptist Church: Hereford Street, Presteigne. Rev Suzanne Roberts, website: presteignebaptist.org.uk, admin@presteignebaptist.org.uk

■ METHODISTS

Hereford & Ross Methodist Circuit: St John's Methodist Church, St Owen Street, Hereford: Chandos Street Methodist Church, Hereford; Tillington Methodist Congregation (at Burghill PC); Christ Church Methodist/United Reformed Church, Ross; Birch Methodist Church, Little Birch: Rev. David Meacham, 01432 272877.

Cwm & Kingstone Methodist Circuit: Ewyas Harold Methodist Church: Rev. J Gordon Tonge, Val D'Or, Ewyas Harold. 01981 240257.
Leominster, Presteigne & Kington Methodist Circuit: Mrs Mary Jolley, 01568 612406.

Malvern & Ledbury Methodist Circuit: Ledbury & Bromyard Methodist Churches, Rev. Jane Webb. 01531 632007.

■ OTHER DENOMINATIONS

UNITED REFORMED CHURCH

Eignbrook United Reformed Church: Eign Street, Hereford. Rev. Mary Howe. 01432 274851.

Hampton Park United Reformed Church: Hampton Dene Road, Hereford. Church Secretary: Mrs J Busby, 3 Elgar Avenue, Hereford.
Huntington United Reformed Church: Huntington, Rev. Mary Howe. 01432 274851.

RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Hereford: Meeting House, 21 King Street: Philip Thornley, Brinstone Farm, St Weonards. 01981 580279.

Almeley Wootton: Friends Meeting House: Clerk, Richard Bull, 01544 370235;

Ledbury: Christopher Morton, Burgage Hall, Rosemead, Evendine Lane, Colwall. 01684 540483

Ross-on-Wye: 3 Brompton St, Ross. 01989 768819.

Jubilee Christian Centre, Preston-on-Wye:

Pastor Philip N A Arnold. 01981 500581.

Border Christian Fellowship, Presteigne: Barrie Meredith. 01544 267711.

The Christian Fellowship, Lugwardine Chapel: Brian Hodges, 244 Whittern Way, Hereford. 01432 359523/275756.

Christian Life Centre: Pastor Timothy Mitchell, Tony Marrett, Frank Cornthwaite, 133 Edgar St, Hereford. 01432 271071.

Salvation Army: Stephen & Lindsay Brevitt, Canonmoor St, Hereford. 01432 274769.

Hope City Church: Rev. Sam Mooney, Gaol Street, Hereford. 01432 354354.

First Church of Christ Scientist: Eign Road, Hereford, 01432 268613.

Baha'i Faith: Information, Mrs Z Hulme, 104 Penn Grove Road, Hereford. 01432 277903.

Bodenham Christian Fellowship: Secretary: Mrs Pat Horrigan, 14 Brockington Road, Bodenham. 01568 797044. (Meet at Bodenham Chapel).

The Traditional Anglican Church: Sec. Mr A P Chappen, St Cuthbert's Church, 01432 760394; Priest: Rev. Peter Price, 01531 670687, e-mail: apchappen@quista.net

Hereford Apostolic Church: Pastor: Derrick Hopkins 01432 351531; Belmont Community Centre, Eastholme Avenue, Belmont, Hereford.

ADVICE SERVICES

AGE Concern (Hereford): Berrows Business Centre, Bath St. Hereford. 01432 350483; Bromyard: 01885 483483; Ledbury: 01531 631280; Leominster: 01568 611054; Ross on Wye 01989 567165.

Access (Ledbury): Roger Hughes, 01531 636006.

Hereford Access & Shopmobility: James Lawes, 43 Park Street, Hereford. 01432 350765.

Citizens Advice Bureau (Hereford), 1a St Owen St, Hereford, 0870 1264 091; (Bromyard), Leisure Centre, Bromyard: 0870 1264 091; (Kington), 61 Bridge St, Kington, 0870 1264 091; (Leominster), 11 Corn Square, Leominster, 0870 1264 091; (Ross): 20 Gloucester Road, Ross, 0870 1264 091.

(CAB) Advice: E-mail: info@herefordshirecab.org.uk

Herefordshire ABLE - Access to Benefit, Leisure & Employment: Office co-ordinator: Jan Roughton, The Warehouse, 16-20 Coningsby St, Hereford. 01432 277770.

Newton Farm Community Association Advice Centre: Richard Johnstone, 23 The Oval, Belmont Rd. Hereford. 01432 279116, e-mail: newtonfarminfo@tis-cali.co.uk

BUSINESS & PROFESSIONAL

Herefordshire Association of Local Councils: Mrs L Wilcox, 01432 276447.

Hereford City Police Community Consultative Group: Mrs L Wilcox. 01432 276447.

Hereford Rural PCC Group: Mrs Linda Wilcox. 01432 276447.

Federation of Master Builders: Sec. Mrs L Wilcox. 01432 276447.

CAREERS & JOB CENTRES

Employment Service & Job

Centres: Hereford: Bath Street, Hereford. 01432 426242. Ledbury: Bye St, 01531 614949. Leominster: Lion Court, New St, 01568 686969. **Ross-on-Wye:** 1-2 George Place, 01989 793400.

Connexions Hereford: 6 St Peter's Street, Hereford. 01432 269404.

Ledbury: Job Centre, High St (Tues am), 01531 614955.

Leominster: Job Centre, Lion Court, Broad St (Fri), 01568 612548.

Ross-on-Wye: Job Centre, 1-2 George Place, Ross (Thurs), 01989 563037.

CHARITY ORGANISATIONS

St Michael's Hospice Hereford City Committee: Mrs Sandra Griffiths, 6 Marlow Drive, Whitecross. 01432 271107.

Friends of RNC: Fund-raising manager: Rachel Read, c/o Royal National College, College Road. 01432 265725.

Herefordshire Cystic Fibrosis Trust Hereford Branch: Sec. Mrs B Stokes, Monnington Court, Vowchurch. 01981 250237.

Treasure Island: Retail Manager: Cherry Morgan, Charity Warehouse, 20 Berrington St, Hereford. 01432 359799.

CARERS

Herefordshire Carers Support: Margaret James, Mortimer House,

Holmer Rd, 01432 356068, fax: 01432 356149.

Carers Action: Sarah Blake, 92B Widemarsh Street, Hereford. 01432 272724

Hereford Community Care Alliance: L'minster. 01568 613333.

COMMUNITY EXCHANGE

Local Exchange Trading System (Leominster): Les Hardy, 01568 613406.

The Wye Exchange (LETS Scheme): Vicky Hinsley, 01544 318937.

COUNSELLING

CLD Youth Counselling Trust Herefordshire: 3 Offa Street. 01432 269245; fax: 01432 359132.

Gut Reaction (Support/Self Help for Emotaphobes): Sec. Linda Dean, PO Box 70, Ross. HR9 5YP; **Herefordshire CFS/ME/FMS Group:** Chair: Mrs Vanessa Bursell, 37 Blakemoor Close, Newton Farm. **Mediation Herefordshire:** Service Manager, Tim Bray, Berrows Business Centre, Bath St. 01432 264087.

Independent Age: Susan Roberts. 01432 354324. e-mail: pri-orsmead@wyenet.co.uk

FAMILIES

Herefordshire Supported Housing for Young People (SHYPP): Admin Officer, Tina Turner, e-mail:



Berrington Hall,
Leominster

tina@herefordshirehypp.org
Hereford Council Youth Service: Di Gosling, 15 St Owen St, Hereford. 01432 341011.

Homestart Hereford: Scheme manager, Jill Hiscox, Phoenix House, 83 Widemarsh St, H'ford. 01432 371212.

Marches Family Network: (Working with and for children with disabilities and their siblings). Community Centre, School Rd. Leominster. 01568 614908. Manager Alison Lamb.

FARMING

Herefordshire Farming and Wildlife Advisory Group: Development Manager: Margot Porter, The Glyn, Norton Wood, Norton Canon. 01597 829298.

GOVERNMENT DEPARTMENTS

Animal Health: Block C,

Government Buildings, Whittington Rd, Worcs. 01905 763355.

Department of Social Security: St Nicholas House, 6 St Nicholas St, Hereford. 01432 363600.

Family Health Service Authority: 01905 760000.

Inland Revenue: Broadway House, Broad St, Hereford. 0845 302 1482. **VOSA:** HGV Testing Station: Faraday Road, Westfield Trading Est. 01432 267956.

Enforcement & Traffic Enquiries: 01432 359255.

South Shropshire Housing Assoc: The Gateway, The Auction Yard, Craven Arms. 01588 676200.

NURSING

British Nursing Assoc: Manager; James Churchill, 65 St Owen St, Hereford. 01432 275910.

SAMARITANS

Hereford Samaritans: 44a Berrington St. Hereford. 01432 269000.

ST JOHN AMBULANCE

Haydn Ebbs - County commissioner: 01432 272837, fax: 01432 263563, e-mail: first-aid@herefordshire.sja.org.uk

TOURISM

Hay-on-Wye: Oxford Road, 01497 820144.

The Laurels Veterinary Ctr, 4 Ryelands Street. 01432 354433; **Oakdene Veterinary Surgery,** Ewyas Harold and Golden Valley. 01981 240333; **Holmer Veterinary Surgery,** Roman Rd, Hereford. 01432 272468; **The Arrowfield Veterinary Surgery,** Butt's Meadow, Hatton Gdns, Kington. 01544 230567.

Ledbury: The Argus Veterinary Surgery, 39 New St, Ledbury. 01531 633922; **Leadon Vale Veterinary Group:** The Veterinary Surgery, Lower Road Trading Est, L'bury. 01531 632276; **Griffiths and Stoke,** The Veterinary Surgery, The South End, L'bury. 01531 633141.

Leominster: Marches Veterinary Group: Ryelands Road, 01568 612266/612077; **Ludlow:** 01568 877877; **Leintwardine:** 01547 540274; **Weobley:** 01568 612266. **Ross-on-Wye:** Archenfield Veterinary Surgery, Archenfield Road, Ross. 01989 562115.

VOLUNTARY SERVICES

Herefordshire Community Council: PO Box 181, Hereford. 01981 250899.

Community Wheels (Community Transport Scheme): Michael Truelove, Chapel Yard, Burgess Street, Leominster. 01568 615785.

Council for Voluntary Services (Ledbury & Dist): Geoff Knock, Salter's Yard, Bye St, Ledbury. 01531 636006.

Dore Community Transport: Julie Archer, 0845 2020144, dorect.Julie@btinternet.com

Herefordshire People's Advocacy Network: 103-104 East St, Hereford. 01432 263757.

Herefordshire Voluntary Action: Chief executive; Will Lindsay, Burrows Business Ctr, Hereford. 01432 343932;

South Wye Community Development Team: Pool Farm, Belmont Rd, Hereford. 01432 383232.

Herefordshire Carers Support/Herefordshire Young Carers: Margaret James, Mortimer House, Holmer Rd, Hereford. 01432 356068.

Herefordshire Lifestyles: Richard Kelly, 41a Millbrook Street, Hereford. 01432 277968.

Herefordshire Talking Newspaper: 01432 352297 (via Herefordshire Association for the Blind).

Hospital Voluntary Services: Co-ordinator: Mrs E Jones, County Hospital, Union Walk, H'ford. 01432 372970.

Relate (Herefordshire): Roy Fletcher Centre, 12-17 Cross Hill, Shrewsbury. 01743 344010.

The Hereford Guild of Guides (guided walks): Mr R P Preece, 38 Loder Drive, Aylestone Hill. 01432 266867.

The Witness Service: c/o The Magistrates' Court, Bath Street, Hereford. 01562 514130.

Victim Support Scheme, Herefordshire: PO Box 103, Leominster. 01432 347208.

Herefordshire Voluntary Action: Chapel Yard, Burgess Street, Leominster. 01568 611098.

WORK PLACEMENTS

Workmatch: Unit 3, 16-20 Coningsby Street, Hereford. 01432 265545.

■ MUSEUMS

Bromyard Teddy & Doll Museum: 12 The Square, Bromyard. 01885 488329.

Bromyard Heritage Centre: 1 Rowberry St, Bromyard. 01432 260692. Open Easter- Oct 30 (Mon-Sat, 10am-4pm).

Butchers Row House Museum: Church Lane, Ledbury. 01531 632511. Open daily Easter-September (11am-5pm), and 3pm every day in October.

Cider Museum and King Offa Distillery: Pomona Place, Hereford. 01432 354207. Open April-end October (10am-5pm); closed Sundays & Mondays (except bank holidays); Nov-end March (11am-3pm). Phone for varying times.

Coningsby Medieval Museum and Chapel: Widemarsh St, Hereford. Open Easter-Sept 30 (2pm-5pm).

Friar Street Store: Information on Hereford Museum collections (by appointment only). 01432 342908.

Friends of Herefordshire Museums & Arts: Contact Kate Renshall. 01981 500341.

Granda Peggy's Traditional Sweet Shop and Family Life Museum: 7 Hugh Street, Ross-on-Wye.

Herefordshire Museum & Art Gallery: Broad St, Hereford. 01432 260692. Open all year (ring for varying times), admission free.

The Jubilee Maze, Museum of Mazes & Amazing Hedge Puzzle: The Jubilee Park, Symonds Yat West, Ross. 01600 890360.

Wye Valley Butterfly Zoo: The Jubilee Park, Symonds Yat West, Ross. 01600 890360.

The Old House, High Town, Hereford: 01432 260694. Open April-September Tues-Sat (10am-5pm); Sunday & bank holidays (10am-4pm).

Ledbury Heritage Centre: Church Lane, Ledbury. 01531 636147. Open Apr-Oct (10.30am-4.30pm).

Leominster Folk Museum: Etham St, Leominster. 01568 615186. Open Easter-Oct (ring for varying opening times throughout the year).

Museum on the Move: Contact Sarah Skelton. 01432 260692.

Ross-on-Wye Heritage Centre: Market Place, Ross. 01432 260675. Open all year round (ring for varying opening times), admission free.

Waterworks Museum: Broomy Hill, Hereford. 01432 344062.

■ ARTS AND CRAFTS

Fowler Jones: 13 The Southend, Ledbury. Open Mon-Sat (10am-5pm).

Hergest Court: Hergest, Kington. 01544 231450. Open Easter-Sept (10.30am-6pm).

Hop Pocket: New House, Bishops Frome. 01531 640323. Open throughout the year (ring for varying opening times).

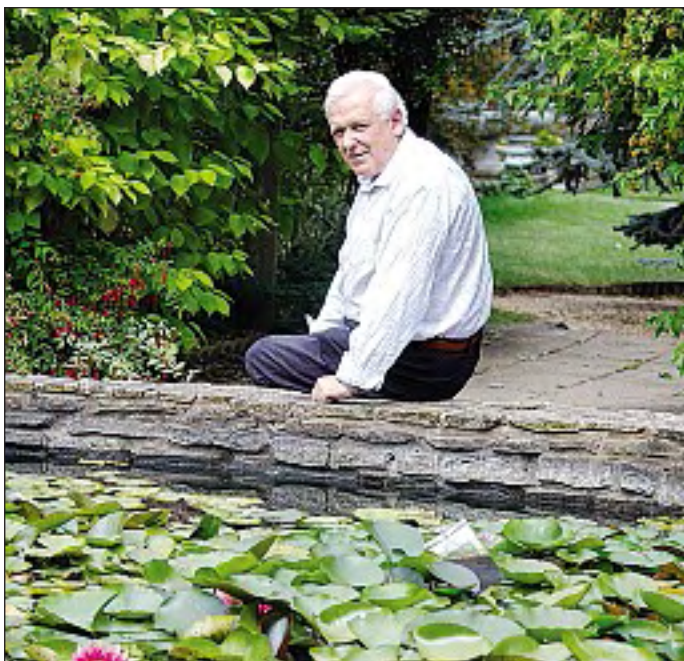
The Kilvert Gallery: Ashbrook House, Clyro, near Hay. 01497 820831. Open Wed-Sun (11am-5pm) Easter to Sept (ring for varying times).

The Lion Gallery: 15b Broad St, Leominster. Open Mon-Sat (10am-5pm).

Old Chapel Gallery: East Street, Pembridge. 01544 388842. Open Mon-Sat (10am-5.30pm), Sun (11am-5.30pm). www.oldchapel-gallery.co.uk

Parkfields Gallery: 4 High Street, Ross. 01989 565266. Open Mon-Sat

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▲ Malcolm Edwards at Kenchester Water Gardens two miles from Hereford at Lyde.

(9.30am-5pm).

Pembridge Terracotta: East Street, Pembridge. 01544 388696. Open Mon-Sat (10am-5pm).

Roger Oats Studio Shop: The Long Barn, Eastnor. 01531 632718. Open Tues-Sat (10am-5pm).

Williams & Dunkerton Chocolatiers: Pembridge, nr Leominster. 01544 388161.

Wobage Farm Craft Workshops: Crowhill, Upton Bishop, Ross. 01989 780233/780495. (phone for varying opening times).

Wyebridge Interiors: Wyebridge House, Bridge Street, Hereford. Open Mon-Sat (9.30am-5.30pm).

■ CIDER AND VINEYARDS

Broadfield Court Gardens & Vineyards: Broadfield Court, Bodenham. 01568 797483. Open all year (10am-4.30pm), except over Christmas. E-mail: info@broadfield-court.co.uk

Bulmer Visitors Centre: The Cider Mills, Plough Lane, Hereford. 01432 352000.

Cider Museum & King Offa Distillery: 21 Ryelands St, Hereford. 01432 354207. Open Tues - Sat. (ring for varying times).

Coddington Vineyard: near Ledbury. 01531 640668. Open from March-December (2pm-5pm). Closed Mon/Tues/Wed.

Dunkertons Cider Mill: Pembridge, nr Leominster. 01544 388653. Open Mon-Sat summer (10am-6pm), winter (10am-5pm).

Frome Valley Vineyard: Paunton Court, Bishops Frome. 01885 490768. Open April-Oct & bank holidays, Wed-Sun (11am-5pm).

Lyne Down Cider: Lyne Down Farm, Much Marcle. 07756 108501.

H Westons and Sons Ltd: The Bounds, Much Marcle. 01531 660233.

■ GARDENS

Abbey Dore Court Gardens: Abbeydore. 01981 240419. Open April 1 - October 1 (11am-5.30pm), Tues, Thurs, Sat and Sun.

Arrow Cottage Garden: Ledgemoor, nr Weobley. 01544 318468. May 1 - Aug 31. Open Wed/Fri/Sat/Sun.

Garden at Bannut: Bringsty, nr Bromyard. 01885 482206. Easter - end Sept. Open Wed/Sat/Sun & bank holidays (12.30pm-5pm).

Bryans Ground Garden: near Stapleton. 01544 260001. Open to August. Sun & Mon. (2pm-5pm).

Hampton Court Gardens: Hampton Court, Hope-u-Dinmore. 01568 797777. Open Tues/Wed/Thurs, weekends and bank holidays (11am-5pm).

Hergest Croft Gardens: Kington. 01544 230160. Open daily April - end Oct (12noon-5.30pm).

How Caple Court Gardens: How Caple Court, How Caple. 01989 740626.

Ivy Croft Nursery and Garden: Ivington Green, Leominster. 01568 720344. Open Feb, April - Sept, Thurs only.

Kenchester Water Gardens: Church Road, Lyde. 01432 270981. Open daily summer (9am - 6pm) winter (9am - 5.30pm) Sunday (10am-4.30pm).

Lingen Nursery and Garden: nr Bucknell. Open Feb-Oct (10am-5pm). Closed Tues/Wed.

Picton Garden: Walwyn Road, Colwall. 01684 540416.

Staunton Park Gardens: Staunton Park, nr Leominster.

Stockton Bury Gardens: Kimbolton, nr Leominster. 01568 613432.

Weir Garden: Swainshill, Herefordshire.

Westonbury Mill Water Gardens: April 1/September 30, open daily 11am-5pm, 01544 388650.

■ COUNTRYSIDE AND FARM ATTRACTIONS

Monkland Cheese Dairy: The Pleck, Monkland. 01568 720307. Open daily from Easter-October (10am-5.30pm) mid Oct - Easter Mon - Sat (10am - 5pm)

National Snail Farming Centre: Credenhill Snail Farm. 01432 760218.

Newbridge Farm Park: Little Marcle,

nr Ledbury. 01531 670780. Open Easter-Sept, Mon-Sat (10am-5pm).

September Organic Farm Shop: Newhouse Farm, Almeley, nr Kington. 01544 327849. Open 7am-7pm.

Shortwood Working Dairy Farm: Pencombe. Open Easter-September from 11am.

Small Breeds Farm Park and Owl Centre: Kingswood, Kington. 01544 231109. Open Easter to end October.

Queenswood Arboretum and Country Park: Dinmore Hill. 01568 797880. Open all year round.

Country Flavours Ltd: Wynnes of Dinmore. 01568 797314.

■ HERITAGE

Arthur's Stone: Dorstone.

Berrington Hall, gardens and house (National Trust): Leominster. 01568 615721. Open daily, except Thurs/Fri.

Church of St Mary & St David, Castle and Medieval Village: Kilpeck. 01981 570315.

The Courtyard Centre for the Arts: Edgar Street, Hereford. 01432 346500.

Croft Castle (National Trust): Leominster. 01568 780246. (ring for varying opening times).

Dore Abbey: Tel: 01981 570251. Open 9am-dusk.

Eardisland Dovecot: Tel: 01544 388226. Open all year.

Eastnor Castle: 01531 633160. Open April-October. (11am-4.30pm) (ring for varying opening times).

Edvin Loach Old Church (English Heritage): Open at reasonable times.

Elizabethan Painted Room: Ledbury Town Council Offices, Church St, Ledbury. 01531 632306. Open to end September (11am-1pm & 2pm-4pm).

Goodrich Castle: (English Heritage): near Ross. 01600 890538. (times vary).

Hellens: Much Marcle. Guided tours Wed/Thurs/Sun at (2pm, 3pm, 4pm).

Hereford Cathedral: 5 College Cloisters. Hereford. Guided tours: 01432 374200.

The Judges' Lodgings: Broad Street, Presteigne. 01544 260650. Open from 10am - end Oct. Nov - Dec Weds -Sun.

Kilpeck Church: Kilpeck. 01981 570315.

Kinnersley Castle: 01544 327407.

Ledbury Heritage Centre: Church Lane, Ledbury. 01531 635680.

Longtown Castle (English Heritage): near Abbeydore. Open at any reasonable time.

Lower Brockhampton (National Trust): near Bromyard. 01885 488099.

Madley Parish Church: Tel: 01981 250245. Open daily.

Mappa Mundi & Chained Library Exhibition: Cathedral Office, 5 College Cloisters, Hereford. 01432 374200.

Mortimers Cross Hill and Battle Centre (English Heritage): Lucton. Fax: 01568 708820.

The Old House: High Town, Hereford.

Rotherwas Chapel (English Heritage): Dinedor. Open at any reasonable time.

St Peter's Church: Church Lane, Bromyard. 01885 482438

■ ACCOMMODATION

Moccas Court Country House Hotel: Tel: 01981 500019.

■ LEISURE CENTRES

Hereford Leisure Centre: Holmer Road. 01432 278178.
Leominster Leisure Centre: 01568 612540.
Bridge Street Sport Centre, Leominster: 01568 611172.
Bromyard Leisure Centre: Cruxwell St. 01432 260280.

■ SPORTS COUNCIL

Herefordshire SC: Bryan White, 27 Tower Rd, Broomy Hill. 01432 356757.

■ ARCHERY

Bromyard Bowmen: Jill Ison, 01885 482575.
Hereford County Archery Coaching Group: David Cockrane. 01432 355691.
National Field Archery Society: C F Jones, 01432 840495

■ ATHLETICS

Hereford & County Athletic Club: Sec. A Williams. 01432 267608.

■ BADMINTON

Fownhope Badminton Tuesday Club: Sec. Mrs Pat Dickerson. 01432 860400.
Hampton Park Thursday Badminton Club: Wendy Whyatt. 01432 358339.
Herefordshire Badminton Assoc: Mrs Alison Cook. 01873 853719.

■ BOWLS

Herefordshire County Bowling Assoc: Glyn Williams. 01989 564847.
Herefordshire Short Mat Bowling Assoc: Sue Stannard. 01432 840871.
Aston Ingham Short Mat Bowls Club: Mrs S Warren. 01531 820805.
Bartestree and Lugwardine Short Mat Bowls Club: Mr C Thompson. 01989 565595.
Bishopswood Short Mat Bowls Club: Mrs J Ray. 01600 890432.
Brockhampton Short Mat Bowls Club: Dr J F W Bishop. 01989 740229.
Castle Green Bowls Club: Alec Carter, Mill Street, Hereford. 01432 268308.
Dewchurch Warriors SMBC: Mrs Sheila Lane. 01981 550648.
Dinedor Short Mat Bowls: Ann Edwards. 01432 870461.
Dorstone Crown Green Bowling Club: Mrs Eileen Smith. 01981 550399.
Escley and District Short Mat Bowls Club: Peter Elliott. 01981 550566.
Fownhope Short Mat Bowls Club: Mr A Mollett. 01600 715255.
Gorsley Short Mat Bowls Club: Mr B Hayward. 01531 820857.
Larruperz Short Mat Bowls Club: Mrs J Pearce. 01989 764352.
Lea Short Mat Bowls Club: Jack Smith. 01594 544724.
Ledbury Short Mat Bowls Club: Sec. Mrs B Tweedale. 01531 631330.
Leominster Bowling: The Grove, Ford Bridge, Leominster. 01568 610602.
Llangarron Short Mat Bowls: Mr J Harries. 01989 770597.
Ross Short Mat Bowls Club: Mr L Williams. 01989 562435.

Tarrington Short Mat Bowls Club: Mrs M McLeod. 01432 890595.
Upton Bishop Short Mat Bowls Club: Mr J Cornwall. 01989 780260.
Wellington Bowls Club: Sec. Peter Andrew. 01432 830011.
Wellington Short Mat Bowls Club: Mr J Bigglestone. 01432 266450.
Weston-u-Penyard Short Mat Bowls Club: Mr G Pres. 01989 564321.
Whitchurch Short Mat Bowls: Mrs J Burchell. 01600 890640.
Woolhope Short Mat Bowls Club: Mr A Mayes. 01432 860779.
Hereford County Women's Bowling Assoc: Norah Mason. 01432 269327.

■ BOXING

Hereford Amateur Boxing Club: Sec. VW Bennetts. 01432 269181.

■ BRIDGE

Herefordshire Bridge Assoc: Geoff Harrington. 01432 851145.
Hereford Bridge Club: Tues, Saxon Community Hall. Sec. Dave Weller. 01989 566326.
The Marches Bridge For All Club: Weds (eve), Fri (lunch), Bartestree Village Hall. Sec. Mrs Val Lee. 01432 275565
Wyedside Bridge Club: Thurs, Saxon Community Hall. Geoff Harrington. 01432 851145.

■ CHESS

Hereford Chess Club: N K Beveridge. 01432 870218.
Herefordshire Chess Assoc: W A Archer. 01432 265712.
Herefordshire Chess League: Alan Leary. 01432 358259.

■ CRICKET

Herefordshire Cricket Board, Herefordshire County Cricket Club: Peter Sykes, 5 Dale Drive, Holmer Grange. 01432 264703.
Marches League: Derrick Jones. 01432 263920.

■ CYCLING

Golden Valley (Apple Press) Cycling Club: David Rudd. 01432 354593.
Hereford Wheelers: Jim Dicken. 01432 354134.

■ FISHING

Hereford Fly Fishing Club: Sec. Ian Peberdy. 01432 355187.

■ FOOTBALL

Brazilian Soccer Schools Hereford: Sean Dipple. 01432 352309. E-mail: bsshereford@yahoo.co.uk
FC Phoenix: Hon Sec. Ralph Farmer. 01432 353900.
Garway Junior Football Club: John Pearce, 01981 240510/07956 293178, garwayjuniorsfc@aol.com
Herefordshire Football Assoc: Sec. Jim Lambert. 01432 342178.
Hereford Times Herefordshire League: Derek Senior. 01981 550149
Herefordshire Sunday Football League: James Lambert. 01432 270303.
Hereford United FC: 01432 276666.
Hereford United Independent Supporters Assoc (HUISA): Keith

Dodd. 01432 270470.
Hereford Spurs Club: Colin Edwards. 01432 274573/John Jones 01432 354146.
Holmer Athletic FC: Keith Eckley, 01432 277016.
Longtown Football Club: Malcolm Watkins, 01981 240481.
Pegasus Juniors Football Club: Contact: Chris Wells. 01432 358345/07980 465995.
Westfields Football Club: A Morris. 17 Fayre Oaks Green. Kings Acre. (h) 01432 264711, (w) 01432 266775. Ground: allpay.park, Widemarsh Common.

■ GOLF

Herefordshire Golf Club: Ravens Causeway, Wormsley. 01432 830219.
Leominster Golf Club: 01568 610055.
Belmont Golf Club: 01432 352666.
Burghill Valley Golf Club: 01432 760456.
Grove Golf & Bowl Centre: Leominster. 01568 611777/610602
Kington Golf Club: 01544 231320.
Knighton Golf Club: 01547 520297.
Ross-on-Wye Golf Club: 01989 720267.
Sapey Golf Club: 01886 853288.

■ HOCKEY

Herefordshire Men's Hockey Club: Mr C Moody. 01432 820682.
Herefordshire Hockey Association: Contact: Bill Housden. 01432 273389. williamhousden06@aol.com
Leominster Men's Hockey Club: S Mumford. 01432 353985.
Hereford Ladies' Hockey Club: Mrs S Moody. 01432 820682.
Leominster Ladies' Hockey Club: Mrs J Duggan. 01568 612032.

■ MARTIAL ARTS

Hereford Aikido Group: John Duggan (day) 01432 355172, (eve) 01432 355695.
Hereford Judo Club: chair, Gerald Meek, 01600 890638, geraldifa@justice.com.
Gojo-Ryu-Karate-do: 01432 342003/07973 989649.
Leominster Judo Club: Bob Miles, secretary, 01568 612742.

■ MOTOR CLUBS

Herefordshire Motor Club: Sec: Mr Colin Ellis. 01568 616330.
Marches Car Club: Mr D Harrison, 6 Wetherby Drive, Hereford. 01432 270045.

■ MOUNTAINEERING

Hereford Mountain Club: sec: Ian Carr, 01531 670042, e-mail: thehmc@hotmail.co.uk

■ PETANQUE

Seven Stars (Golden Valley) Petanque Club: Seven Stars Public House, Clehonger. 01432 272724.

■ RIDING

Arrow Training: Sue Neville-Parker. 01544 388321.
Marden & Dist Riding Club: Debbie & Terry Rogers. 01432 820574.

■ ROUNDERS

Hereford Rounders League: P James-Moore. 01568 797330.

■ ROWING

Hereford Rowing Club: Helen Phillips. 01432 273915 or 01432 845560.

■ RUGBY

Greyhound RFC Ltd: Hereford City Sports Club, 01432 354221.
Hereford Rugby Club: Wyeseide. 01432 273410.
Luctonians Rugby Club: Club House, 01568 708345; Office, 01568 709080; Luccs line: 01568 708788; fax: 01568 708169.
Ross-on-Wye Rugby Football Club: 01989 563256.
Bromyard Rugby Club: 01885 488152.
Ledbury Rugby Club: 01531 631788.
Ludlow Rugby Club: 01584 875762.

■ RUNNING

Hereford Half-Marathon: Events and Community Fund-raiser: Katie Farmer. 01432 851000. E-mail: kfarmer@st-michaels-hospice.org.uk
Wye Valley Road Runners: Harry Franklin. 01981 510606.

■ SHOOTING

Leominster Rifle and Pistol Club: Chris Pearson, 01568 615749.

■ SKITTLES

Hereford City Ladies' Skittle League: Mrs J Gardiner, 52 Bulmer Avenue. Hereford.
Hereford & Dist Skittle League: Steve Bedford, 01432 278493; Fred Jones, 01432 351637.

■ SQUASH

Hereford Whitecross Club: Sollars Close, Hereford. 01432 276389.

■ TABLE TENNIS

Hereford Table Tennis League: Sec. G Stables. 31 Scotch Firs, Fownhope. 01432 860337.
Hereford Table Tennis Club: Harry Jutle, 01432 342552.
Herefordshire Table Tennis Club: Development Officer: Stephen Watkins 07970 952364 or Brian Kitchener 01432 278060.

■ TENNIS

Bromyard Tennis Club: Instore Sports Foundation.
Eardisley Tennis Club: Sec. Pat Lane, Orchardville. 01544 327743.
Goodrich Tennis Club: Mrs J Jones. 01600 860069.
Hereford Whitecross Club: Sollars Close, Hereford. 01432 276389.
Hereford & Worcs County LTA: County Office, Manor Park, Albert Rd Nth, Malvern. 01684 577243.
Madley Tennis Club: Subscription Sec: Anne May. 01981 250627.
Three Counties LTC: Mrs J Edwards, Felton Court. 01432 820803.
Woolhope Tennis Club: Sec: Kath Watkins. 01432 860371.

■ WATERSPORTS

Hereford County Canoe Club: Mr Morley. 01568 708470. randmca-noe@care4free.net
Hereford Kayak Club: Jan Perridge. 01432 761927.

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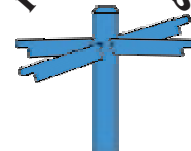
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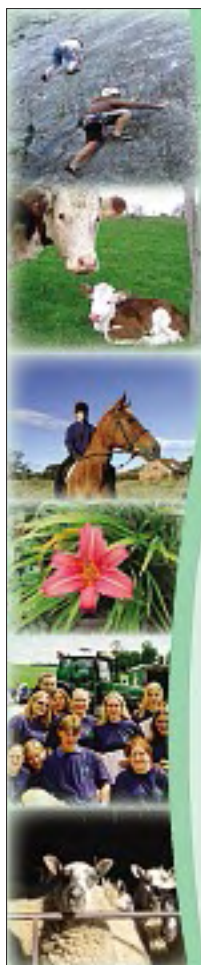
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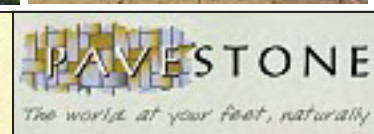
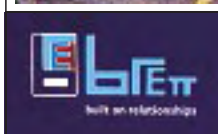
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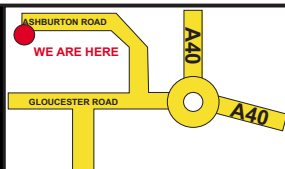
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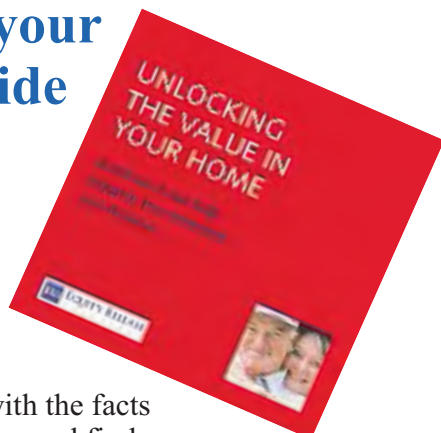


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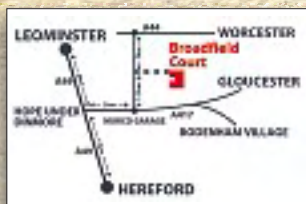
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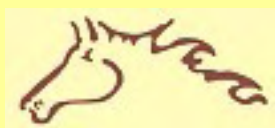
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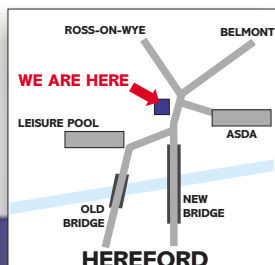


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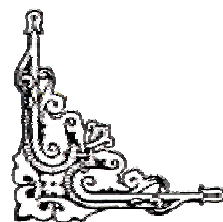
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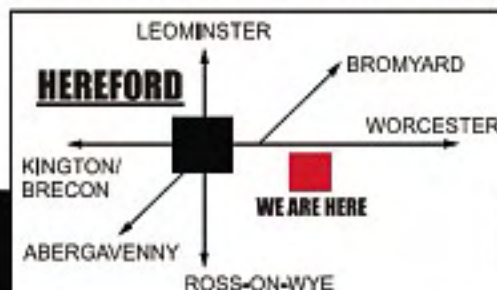


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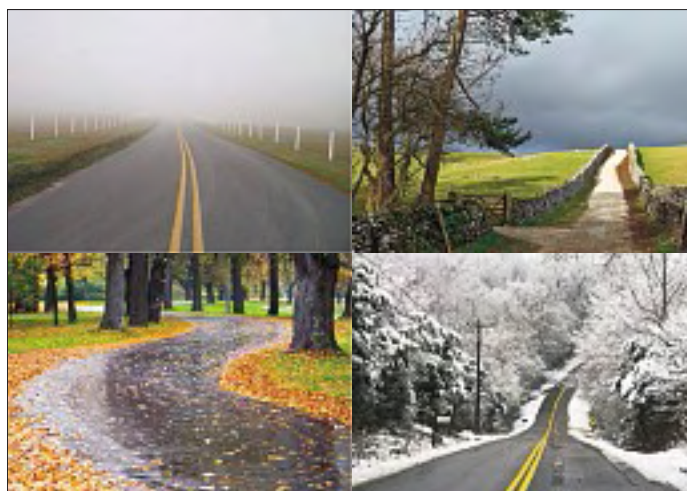
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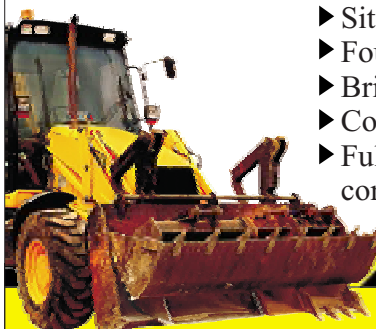
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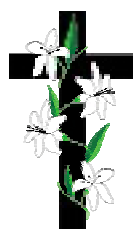
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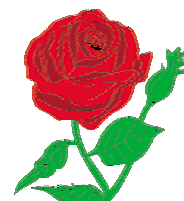
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